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Werro wins classic 800m battle / Silvers for Keely & Zharnel / German-Italian "Axis" on the rise

Women's 800m – A werro-table feast of a race

Audrey Werro showed her fall of the day before had no effect as she again got the better of Keely Hodgkinson and Femke Broeders-Bol in a fantastic atmosphere and championships record.

Through 200m in 27.4 and 400m in 56.5 she kept the pressure on through 600m in 85.7 with her two rivals still close. As they swung into the straight, the Brit appeared to close but Werro in a 29.1 last 200m held her off and won by just under two metres. Broeders-Bol equalled her Dutch record four metres further back.

Jemma Reekie was with the top three until 300m and after passing 600m in 86.4 took 32.8 for her last 200m but only dropped to fifth.

Gold: Audrey Werro SUI 1:54.81

Silver: Keely Hodgkinson GBR 1:55.01

Bronze: Femke Broeders Bol NED 1:55.54

Men's 400mH – Karsten your fate to the wind

All-time great Karsten Warholm won his fourth successive hurdles crown taking gold by over a second in a championships record 46.63 just down on his recent 46.61 at London despite breezy conditions.

He led all the way with a fast 20.61 at hurdle 5 easily extending his lead in the straight.

Germany's Emil Agyekum was a clear second.

Gold: Karsten Warholm NOR 46.63

Silver: Emil Agyekum GER 47.87

Bronze: Ismail Nezir TUR 48.26

Men's 200m – Any questions to Anisah?

Winning his sixth European medal Zharnel Hughes wasn't able to replicate his semi form. He was fifth at 50m (5.84) but was ahead at 100m in 10.36 and 150m (15.04) but 100m bronze medallist Owen Ansah (10.40 and 15.05) - currently embroiled in issues with the GER federation - was closing and passed easily to win by two metres in 19.95/2.5. It was a tie for third.

Gold: Ansah GER 19.95

Silver: Zharnel Hughes GBR 20.16

Bronze: Timothe Mumenthaler SUI 20.26

Bronze: Eseosa Desalu ITA 20.26

Women's Discus – Jorinde out of gaol with win

After a silver in the shot and the 2024 discus and 2025 worlds, Jorinde Van Klinken had her biggest win and became the first European winner not called Sandra Elkasevic since 2006! She opened with a 67.67m and a third round 65.96 was better than anything her rivals could achieve. Vanessa Kamga SWE won bronze

Gold: Jorinde Van Klinken NED 67.67m

Silver: Shanice Kraft GER 65.72m

Bronze: Vanessa Kamga SWE 64.61m

Medals: Italy leap ahead

1 ITA 5 2 3
2 GBR 4 5 1
3 GER 3 5 4
4 NED 3 2 3
5 SUI 3 1 1
6 NOR 3 0 2
7 FIN/IRL 1 1 0 (23 teams medalled)

Women's 10,000m – No idea how to beat Nadia

Nadia Battocletti completed her double double as she easily added the gold courtesy of a blazing 28.2 final 200m and 61.1 last 400m and 2:47.2 last kilo. Her last 200m was a second quicker than Werro in the 800m! Megan Keith with a sub three kilo 3km out made a brave attempt to keep the pace quick but may have done too much work and after leading at 9km she lost over 20 seconds on the winner and dropped from a very clear fourth to eighth in a painful 78.7 final circuit and finished in 32:04.81.

Izzy Fry was 16th after falling (32:37.22) and Poppy Tank 23rd (34:03.99).

Gold: Nadia Battocletti ITA 31:41.17

Silver: Maureen Koster NED 31:45.76

Bronze: Jana Van Lent BEL 31:47.81

Heptathlon – Annik key to fast hurdles

Annik Kalin started with a windy 12.59/3.3 ahead of Jade O'Dowda who ran her fastest time of 13.11 but a less than fully fit Katarina Johnson-Thompson faced a headwind in her 14.00/-0.6.

KJT moved up from 20th to tenth with a 1.83m high jump leap as Adrianna Sulek-Schubert and Kate O'Connor both leapt 1.86m and went clear from the rest after an earlier respective 13.29 and 13.30. Sulek-Schubert extended her lead with a 14.65m shot compared to O'Connor's 13.96m with O'Dowda throwing 13.69m and JKT's 12.79m.

O'Connor with a windy 23.79 pulled a few points back in the 200m but the Pole leads overnight on 3968 with world indoor champion Sofie Doktor (3944) up to second with a 23.05 clocking. O'Connor is third on 3926. O'Dowda is 15th (3665) and Johnson-Thompson 16th (3644).

Day 6

07.30 Half Marathon/Marathon walks

10.25 Heptathlon long jump

11.50 Heptathlon javelin

12.15 Women's 1500m heats

12.40 Women's 4x100m heats

13.00 Men's 4x100m heats

19.45 Heptathlon 800m

20.01 Javelin final

20.07 Women's high jump final

20.17 Men's triple jump final

20.25 Men's 10,000m final

21.07 Men's 1500m final

21.33 Men's 4x100m

21.48 Women's 4x100m

Placings: GB ahead but Germany and Italy closing

1 GBR 118

2 GER 110

3 ITA 109

4 NED 85

5 FRA 77.5

6 SUI 58.5

7 POL 47

8 NOR 42;

9 BEL 39

10 ESP 38; 11 SWE 29; 12 IRL 25

Men's High Jump – Hey Mister Tamberi man

Great showman Gianmarco Tamberi excelled after an average season and even got the crowd on mass to sing happy birthday to his one-year-old daughter.

He went into the competition way outside the top 10 with a best of 2.23m but here he cleared 2.27m at the first attempt and 2.30m and 2.32m at the second and it meant his fourth European title

Kimani Jack and Joel Clarke-Khan found 2.27m too much but 2.24m was enough for a fine top five which would have been unthinkable at the start of the year.

Gold: Gianmarco Tamberi ITA 2.32

Silver: Oleh Doroschchuk UKR 2.30

Bronze: Matteo Sioli ITA 2.27

Women's javelin Qual – Good, bad and Hugli

Freyja Jones threw 53.93m but would have needed 56.90m to make the final.

Leonie Hugli with a Swiss record 62.33m was the only automatic qualifier.

Men's 4x400 qualifying – Good Luca

Italy won the first heat in a Championships and Italian record 2:58.10 with Luca Sito running an astonishing 44.1 second leg

Britain qualified but not conclusively as Sam Lunt (45.8) and Ben Jefferies (44.7) were first at halfway. Malique Smith Band (45.7) dropped to third which Matthew Hudson Smith (45.04) held for a 3:01.24 clocking but did ease off and Poland were only 0.09 behind - had Poland caught them GB would have been out.

Women's 4x400 Qualifying – see Emily play

While the men's qualification was not clear cut the GB women dominated. Emily Newnham (50.9) put them ahead and Lina Nielsen (49.8) Charlotte Henrich (51.4) and Nicole Yeargin (50.15) won by four seconds in a fast 3:22.15 with potentially Amber Anning and Mary Yemi John to come in. Netherlands won the other heat in 3:25.00 without Klaver and Broeders-Bol and it should be a two way battle for gold.

The controversial decision to hold these heats before the 400m final meant Mixed 4x400 winners Norway failed to qualify.

Men's Pole Vault Qualifying – Seen and heard

Courtesy of a clean card up to 5.45m Owen Heard found that height sufficient for a final where 5.70m was the unrealistic advertised automatic mark. Mondo Duplantis required just one jump at 5.60m.

1500m heats – Just in Heyward

This needed three heats not two as again there were falling athletes with 16 in each race – curiously the fallen runners were not re-instated into the final. Jake Heyward's 53.7 last lap from the front saw him lead home world champion Isaac Nader in 3:35.49. Arlo Ludewick (3:36.27) qualified sixth also with a 53 last lap. Jake Wightman won a much slower second semi in 3:41.57 with a 1:48.6 final 800m and 52.4 final lap.