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KJT SHARES BRONZE IN THRILLING HEPTATHLON

Women's Heptathlon – Hall or nothing

Taliyah Brooks brought herself back in medal positions with a huge 6.79m long jump PB and Jade O'Dowda (6.49m) and Katarina Johnson-Thompson (6.42m) moved up the standings.

Hall jumped a poor 6.12m but Nafi Thiam (5.99m) and Abigail Pawlett (5.98m) struggled even more and both withdrew before the javelin.

5 events: 1 Hall 5041; 2 Brooks 4930; 3 Johnson-Thompson 4874; 4 O'Connor 4824; 6 O'Dowda 4700 Kate O'Connor after a 6.22m jump was the best in the javelin with another PB of 53.06m with Anna Hall retaining her lead with a 48.13m.

O'Dowda threw a PB 46.20m with Johnson-Thompson throwing a below par 41.91m.

Scores: Hall 5865; 2 O'Connor 5743; 3 Brooks 5662; 4 Johnson-Thompson 5578; 8 O'Dowda 5487 Predictably Anna Hall won the 800m in 2:06.08 to easily win gold as O'Connor smashed the Irish record to take silver with a 2:09.56.

In her sixth World Championships, Johnson-Thompson needed around six seconds to snatch bronze and her gutsy 2:07.38 to Brooks' 2:13.17 meant they tied as KJT headed her in four out of seven, O'Dowda ran 2:14.18 to score a PB 6391.

Gold: Anna Hall USA 6888

Silver: Kate O'Connor IRL 6714

Bronze: KJ Thompson GBR/T Brooks USA 6581

Women's 5000m – Beatrice beats best

World record-holder Beatrice Chebet took a chance in following 1500m champion Faith Kipyegon but she easily outkicked her as she completed the double and won her first world 5000m title with a 27.86 last 200m and 57.60 last 400m and 2:38 final kilo.

She now uniquely holds the world records at 5000m and 10,000m and the Olympic and world titles at 5000m and 10,000m as well as the cross-country and 10km road!

Hannah Nuttall had the race of her life to finish eighth in 15:01.25 with a 8:40 final 3000m. Her mum Alison was fifth in 1993 and her dad 14th in 1995!

Gold: Beatrice Chebet KEN 14:54.36

Silver: Faith Kipyegon KEN 14:55.07

Bronze: Nadia Battocletti ITA 14:55.42

Men's 4x100m heats – Eugene, sorry gone

Canada (37.85) and the USA (37.98) got through heat one safely but joint favourites Jamaica failed to finish. Ghana surprisingly won heat two in a national record 37.79. South Africa were baulked by Italy's Lamont Jacobs and failed to finish but may be advanced. Britain were challenging Ghana and on their way to an easy place in the final but Eugene Amo-Dadzie owned up he set off far too early and never got the baton.

Women's 4x100m heats – Terry's all gold?

Jamaica won heat one in 41.78 and USA won heat two in a world lead 41.60 – Twanisha Terry ran 9.86 on the second leg. Britain resting Amy Hunt qualified easily in 41.88 with Dina Asher-Smith (11.27), Success Eduan (10.17), Desiree Henry (10.37) and Daryll Neita (10.07).

Sunday Decathlon schedule

9.05 Decathlon 110mH
9.55/11.05 Decathlon Discus
11.35/12.20 Decathlon pole vault
17.35/18.47 Decathlon javelin
20.49 Decathlon 1500m

Women's javelin – Angulo angles it right

Yuleisy Angulo whose PB was 62.33m pre Tokyo improved her National record in qualifying of 63.25m with a second round 65.12m but she had back up with a 63.55m final round thus Ecuador won a shock gold. She was only 25th in qualifying in Budapest.

Anete Sietina, fourth in Budapest, threw 64.64m in the final round to snatch silver with McKenzie Little maintaining Australia's good record at the event with a 63.58m opener.

Gold: Yuleisy Angulo ECU 65.12m

Silver: Anete Sietina LAT 64.64m

Bronze: Mackenzie Little AUS 63.58m

W 20kmW – How do you solve a problem like Maria?

Maria Perez gained a walks double. She was part of a nine-woman group that passed halfway in 43:37 and it was down to four at 15km (64:59) and a 4:10 16th kilo got her clear and by the finish she won by 12 seconds for Alegna Gonzalez's Mexican record. Nanako Fujii set a Japanese record in third. Russians aside, it was a world lead for Perez who won her fourth world title.

Gold: Maria Perez ESP 1:25:54

Silver: Alegna Gonzalez MEX 1:26:06

Bronze: Nanako Fujii JPN 1:26:18

Men's 20km Walk – Bonny Bonfim beats McGrath

Olympic silver medallist and 35km runner-up here Caio Bonfim was one of 14 athletes who were in contention during a slow first 10km of 40:04. The pace picked up through 15km (59:37) with eight now battling for gold. At 16km though he was 13 seconds off the pace as world record-holder Toshikazu Yamanishi blasted a 3:47 kilo but Yoshikawa got a penalty and it was Paul McGrath (with Scottish parentage) who moved clear and he was nine seconds ahead at 18km with Bonfim now 17 seconds down in fourth but a searing 3:36 nineteenth kilo took him ahead of Zhaozhao Wang and then a 3:34 brought him clear.

Gold: Caio Bonfim BRA 1:18:35

Silver: Zhaozhao Wang CHN 1:18:43

Bronze: Paul McGrath ESP 1:18:45

Men's Decathlon – Good style for Kyle

Ayden Owens-Delerme led after the 100m in 10.31 but Kyle Garland's 7.92m long jump put him ahead while Simon Ehammer's 7.97m moved him into contention. Garland then threw 17.02m to pull clear by 162 points with Leo Neugebauer throwing 16.70m Sander Skotheim was the best in the high jump with 2.14m but Garland stayed ahead with a 2.11m. Owens-Delerme was the fastest 400m runner in 46.46 as Garland ran 48.73 to lead overnight with 4707 from Skotheim's 4743 and Owens-Delerme's 4487 and Neugebauer's 4455.

Men's Discus Qualifying – Stahl council

Defending champion Daniel Stahl (69.90m) headed qualifying from 2022 champion Kristjan Ceh (68.08m). Lawrence Okoye threw a solid 63.50m but ended up 15th as 64.99m qualified. Nick Percy was off form and his 57.08m left him 33rd overall.

Sunday pm schedule

19.05 Women's High Jump final

19.35 Women's 800m final

19.47 Men's 5000m

20.10 Men's Discus

20.20 Men's 4x400

20.35 Women's 4x400

21.06 Women's 4x100 – GB L4, USA L5, JAM L6

21.20 Men's 4x100

Men's 800m – Presidential Emmanuel Macro

One of the greatest 800m races all time saw Emmanuel Wanyonyi adding the world to his Olympic title in championships record 1:41.86 as he narrowly held a late kick from Djamel Sedjati and defend champion Marco Arop.

Cian McPhillips finished faster than anyone (25.99) 200m and 12.73 last 100m) with an Irish record 1:42. (compared to a Pre Tokyo PB of 1:44.19) for fou with Max Burgin setting a PB 1:42.29 and last pl was 1:42.77.

Wanyonyi led all the way with 200m splits of 23.25.51, 25.96 and 26.64.

Gold: Emmanuel Wanyonyi KEN 1:41.86

Silver: Djamel Sedjati ALG 1:41.90

Bronze: Marco Arop CAN 1:41.95

Women's Shot – Rob the Schilder

Olympic silver medallist Maddison-Lee West opened with a PB equalling 20.06 and then thr 19.90m in round three. The Kiwi held the lead until final round when Jessica Schilder threw 20.29m a then defending champion Chase Jackson threw 20.21 Wesche had one chance to respond but she had a throw and Schilder had gone one better than the wo indoors and won Netherlands' second gold

Gold: Jessica Schilder NED 20.29m

Silver: Chase Jackson USA 20.21m

Bronze: Maddison-Lee Wesche NZL 20.06

Men's 4x400 heats – Right Charlie

USA failed to make the final in a heat won by So Africa in 2:58.81 and Britain with a weakened sq did superbly with a season's best 2:58.11.

Lee Thompson led off with a 45.27 (better than his PB) and then Toby Harries ran an exceptional 43! Late replacement Seamus Derbyshire kept them fou with 45.13 before Charlie Dobson closed in with 43.78 as they were advanced to third with Australi dq,

Women's 4x400 Heats – Victoria jammed

Britain had one of their least accomplished 4x400 res as they finished last in their heat in 3:25.84.

Victoria Ohuruogu struggled at the end with 51. coming in seventh and thereafter their last three had run wider than ideal and Poppy Malik (51.96), Nic Yeargin (51.11) and Yemi Mary John (50.99) w always at the back as they rested Amber Anning for final.

Jamaica won heat one in a world lead in 3:22. Natalia Bukowiecka of Poland ran the fastest leg 49.42. USA improved the 2025 lead to 3:22.53 in h two and Lieke Klaverran the fastest leg of 49.72. Ro Black's daughter Isabelle (52.02) ran for France's te who qualified sixth fastest overall.

Medal Table

1 USA 12 Gold 4 Silver 4 Bronze
2 Kenya 6 2 2
3 Canada 3 0 1
4 Netherlands 2 2 0
5 New Zealand/Spain 2 0 1
7 Portugal 2 0 0
8 Jamaica 1 4 3
22 GBR 0 2 1 - 46 countries medalled

Unofficial Placings

1 USA 238; 2 Kenya 103; 3 Jamaica 66; 4 Italy 60
5 China 50; 6 Ethiopia 47; 7 GB 42.5; 8 Netherlan 42; 9 Germany 41; 10 Cuba 34

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