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AMY HUNT SILVER AS BOL, LYLES AND JEFFERSON-WOODEN WIN AGAIN

Men's 400m hurdles – Rai of light

Olympic champion Rai Benjamin won his first world title in 46.52 but not without controversy.

Karsten Warholm led at 200m in 21.66 from Rai Benjamin's 21.72 and Alison dos Santos' 22.13 but Benjamin went clear at 300m in 33.07 from Warholm's 33.56 and the Brazilian's 33.95.

Benjamin hit the last hurdle so hard it moved the hurdle next to him and for that he was initially disqualified but after an American appeal later reinstated. Warholm faded to fifth in 47.58 as Abderrahman Samba took bronze and Ezekiel Nathaniel set a Nigerian record 47.11 in fourth despite having a lop-sided hurdle to clear over the final barrier.

Gold: Rai Benjamin USA 46.52

Silver: Alison dos Santos BRA 46.84

Bronze: Abderrahman Samba QAT 47.06

Heptathlon – Hall gets space

Defending champion Katrina Johnson-Thompson got off to an encouraging start with a 13.44 for second in the opening heat behind winner Jade O'Dowda's PB 13.34 with Olympic champion Nafi Thiam only running 13.61.

Taliyah Brooks won heat three in 12.93 with world leader Anna Hall third on 13.05.

Abigail Pawlett clipped the last hurdle and fell heavily and rolled across the line in 14.70.

1 event: 1 Brooks 1135; 3 Hall 1117; 7 O'Dowda 1074; 8 Johnson-Thompson/ O'Connor 1059; 15 Thiam 1034; 23 Pawlett 882 KJT cleared 1.86 in the high jump matched by Ireland's Kate O'Connor PB but that was bettered by Hall and Thiam's 1.89m. O'Dowda and Pawlett both cleared 1.80m – the latter winning her group with a PB.

2 events: 1 Hall 2210; 2 Thiam 2127; 3 Johnson-Thompson/O'Connor 2113; 5 Doktor 2087; 7 O'Dowda 2052; 21 Pawlett 1860

Hall pulled well clear with a 15.80 PB shot as Thiam threw 14.85 but KJT threw a below par 13.37 while Pawlett (13.85) and O'Dowda (13.55m) were better. Kate O'Connor moved up to third with 14.37m.

3 events: 1 Hall 3125; 2 Thiam 2978; 3 O'Connor 2932; 6 Johnson-Thompson 2865; 9 O'Dowda 2862; 18 Pawlett 2644

Pawlett continued her remarkable comeback with a clear win in the fastest 200m heat in 23.25 ahead of Hall (23.50) and Johnson Thompson (23.51) while O'Connor moved up to second with another PB of 24.07 though Thiam ran a poor 25.52 and dropped to sixth.

Day 1 scores: 1 Hall 4154; 2 O'Connor 3906; 3 Johnson-Thompson 3893; 4 Doktor 3890; 5 Brooks 3828; 6 Thiam 3818; 14 Pawlett 3698; 15 O'Dowda 3696

Women's javelin qualifying – Vilagos people

Disappointingly for the home supporters world and Olympic champion Haruka Kitaguchi was not at full fitness and missed qualifying for the final by 60 centimetres.

Adriana Vilagos (66.06) and Mackenzie Little (65.54) headed qualifying.

Men's Triple Jump – Pichardo pinches it

Former world and Olympic champion Pedro Pichardo took the lead in the second round with 17.55m which he matched in the third.

Lazaro Martinez jumped 17.49m in the second round but nothing of note happened until the final round.

Then Andrea Dallavalle jumped from fourth to first with a 17.64m leap.

Pichardo had once chance to respond and he did so brilliantly with a 17.91m world lead to give Portugal another gold.

Gold: Pedro Pichardo POR 17.91

Silver: Andrea Dallavalle ITA 17.64

Bronze: Lazaro Martinez CUB 17.49

Women's 800m semis – Moraa than a feeling

Defending champion Mary Moraa won the first semi in 1:58.40 from a very relaxed Georgia Taylor-Bell who was lucky to get a clear run after staying inside down the back straight and final bend.

The much faster second semi was won by Lilian Odira (1:56.85) from Audrey Werro (1:56.99) with Jess Hull, only advanced after falling in her heat set an Area record 1:57.15 to qualify by time as world indoor champion Tsigie Duguma exited despite a 1:57.70.

Keely Hodgkinson controlled the third semi in 1:57.53 from Sarah Moraa's same time PB though the latter looked injured afterwards.

Men's 5000m heats – Mills in thrills

In two exciting 5000m heats, George Mills qualified with a 55.38 last 400m and 2:23.65 final kilometre finishing fourth in 13:41.76 in a race won by Biniam Mehary (13:41.52) as Jakob Ingebrigtsen qualified unimpressively – just - in eighth (13:42.15). Isaac Kimeli won heat one in 13:13.06 with a 4:58.00 last 2000m. Non qualifiers included Andreas Almgren, Narve Nordas, Jacob Krop and an injured Niels Laros.

Saturday schedule

07.30 Women's 20km walk

09.00/10.35 Men's Discus qualifying

09.28 Decathlon 100m

09.55 Men's 20km walk

10.00 Women's shot qualifying

10.15/11.45 Decathlon long jump & shot

11.35/19.00 Heptathlon long jump/javelin

19.05 Decathlon high jump

19.35 Men's 4x400 heats

GB ht 2 v BOT JAM, BEL, JPN

19.54 Women's shot final

20.00 Women's 4x400 heats

GB ht 1 v JAM, POL, NOR, ESP

20.25 Men's 4x100 hts

GB ht 2 v RSA, JPN, NED, CHN, AUS

20.45 Women's 4x100 heats

GB ht 2 v USA, CIV, GER, CAN

21.05 Women's javelin

21.11 Heptathlon 800m

21.29 Women's 5000m

21.55 Decathlon 400m

22.22 Men's 800m final

Women's 200m – Wooden tops

As expected, Melissa Jefferson-Wooden won easily a world leading 21.68 to complete the sprint double. She was clear at 100m in 11.04 from defending champion Shericka Jackson (11.13) and form champion Dina Asher-Smith remarkably in her six world 200m final (10 including 100m!) a clear third 11.14. Amy Hunt, in her first final, was back in six equal in 11.30 but she was moving faster than anyone as she hit the straight other than the winner and she 1 down Jackson to snatch silver in 22.14 from Jackson 22.18 and Battles' 22.12. Asher-Smith was fifth 22.43.

Gold: Melissa Jefferson-Wooden USA 21.68

Silver: Amy Hunt GBR 22.14

Bronze: Shericka Jackson JAM 22.18

Women's 400mH – Super Bol scores again

Femke Bol predictably defended her title as she improved her world lead to 51.54 with Jasmine Jorj excelling to run a PB 52.08 in second.

The shock was third as Emma Zapletalova set a Slovakian record 53.00 from line two to fly past Olympic runner-up Anna Cockrell's 53.13.

Bol led through 100m in 12.35 and 200m in 24.37 from Cockrell (24.54) and Jones (24.60) with Zapletalova only sixth in 25.06.

Bol (37.45) held a small gap at 300m over Jones (37.6) and Cockrell (38.01) and Zapletalova (38.57)

Gold: Sydney McLaughlin-Levrone USA 47.78

Silver: Marileidy Paulino DOM 47.98

Bronze: Salwa Eid Naser BRN 48.19#

Men's 200m – Noah it all

A superfast race saw Olympic champion Lets Tebogo run 19.65 and not win a medal.

Noah Lyles won his fourth world title narrowly in 19.66 from Kenny Bednarek's 19.58 and Bryan Level 19.64 PB.

Zhamel Hughes was only a metre from third with superb 19.78 in fifth.

Levell led at 100m in 10.03 from Bednarek (10.09) a Lyles (10.12), Tebogo (10.17) and Hughes (10.20) but it was Lyles who edged clear but it was down on level semi time.

Gold: Noah Lyles USA 19.52

Silver: Kenny Bednarek USA 19.58

Bronze: Bryan Levell JAM 19.64

Medal Table

1 USA 11 Gold 3 Silver 3 Bronze

2 Kenya 4 1 2

3 Canada 3 0 0

4 New Zealand/Portugal 2 0 0

6 Jamaica 1 4 3; 7 Italy 1 3 2; 8 Netherlands 1 2 0; 9

Trinidad 1 1 0; 10 Cuba 1 0 2

19 GBR/Brazil 0 2 0 - 41 countries medalled

Unofficial Placings

1 USA 209.5; 2 Kenya 80; 3 Jamaica 64; 4 Italy 54.1

5 Ethiopia 43; 6 China/Germany/Cuba 34; 9 GBR 3

10 Netherlands 31