

### BRITISH & INTERNATIONAL SUPPORTERS EVENT INFORMATION SERVICE

## ROME NEWSLETTER No 6

**THURSDAY 13th June 2024**

### RECORD 15 CBPs as Azzuri Triumph / Keely & W 4 x 100 GB Golds / Mondo Soars again

#### Women's 800m – Keely's heroics

A few hours before the race news was defending champion Keely Hodgkinson was ill and may not be able to run and though she won she looked far from comfortable. She still controlled the race with splits of 13.70, 27.85, 42.98, 58.55, 74.02, 1:29.11, 1:43.77 and she held a narrow lead down the straight and only won by a metre from Gabriela Gajanova who was creeping up on the inside of her.

Anais Bourgoin was a clear third in what was not a particularly high-quality event.

**Gold: Keely Hodgkinson GBR 1:58.65**  
**Silver: Gabriela Gajanova SVK 1:58.79**  
**Bronze: Anais Bourgoin FRA 1:59.30**

#### Men's Javelin – Jakub's cracker

Reigning champion Julian Weber opened with a fine 85.94m and he held a three metre lead at the end of the first two rounds. Olympic silver medallist Jakub Vadlejch moved into second in the third round with an 84.66m.

Weber stayed ahead until the final round but then the Czech unleashed a 88.65 final round throw and Weber could only respond with a 84.62m.

Oliver Helander took third with a 85.75m throw in the third round.

**Gold: Jakub Vadlejch CZE 88.65**  
**Silver: Julian Weber GER 85.94**  
**Bronze: Oliver Helander FIN 85.75**

#### Women's 4x400 – Dutch delight

Netherlands won a tight race which saw the top five within 10 metres.

Lieke Klaver (50.57) gave them a good lead on the opening leg but Cathelijne Peeters (50.96) was unable to hold off a brilliant Rhasidat Adeleke (49.36) who took Ireland ahead.

Lisanne de Witt (50.41) regained the lead on leg three with what would surprisingly be their quickest leg, Femke Bol set off ahead and just did the bare minimum to stay ahead (50.45) and Sharlene Mawdsley was faster (49.84) as Ireland completed their most successful ever Europeans with another silver.

Belgium were third and further back 400m champion Natalia Kaczmarek was challenging for a medal but faded (49.68) to sixth and she was overtaken by Amandine Brossier (49.28) who ran the day's quickest leg for France.

**Gold: Netherlands 3:22.39**  
**Silver: Ireland 3:22.71**  
**Bronze: Belgium 3:22.95**

#### MEDAL

1 ITA 11 G 9 S 4 B  
2 FRA 4 5 7  
3 GBR 4 4 5  
4 NOR 4 2 1  
5 SUI 4 1 4

#### POINTS

1 ITA 232; 2 FRA 193; 3 GER 163; 4 GBR 138.5

#### Men's 1500m – Norway of beating Ingebrigtssen

Jakob Ingebrigtssen destroyed the field from the front as he won his sixth European track title and he set a championships record.

He opened up a huge gap with a 26.11 last 200m and 53.34 last 400m.

He was content to stay last initially as the early pace was quickish (57.06 at 400m) before Ingebrigtssen took command at 600m with Neil Gourley always close.

At 800m he was 1:55.90 and 1200m at 2:52.30.

Gourley was still second as they hit the straight but faded to ninth in 3:34.11 with Adam Fogg 12<sup>th</sup> in 3:34.44.

Jochem Vermeulen was the shock runner up moving from eighth to first in the straight with a 13.14 last 100m for a PB while Pietro Arese edged bronze much to the crowd's delight. Franco Arese had won in 1971.

**Gold: Jakob Ingebrigtssen NOR 3:31.95 CBP**  
**Silver: Jochem Vermeulen BEL 3:33.30**  
**Bronze: Pietro Arese ITA 3:33.44**

#### Men's 4x400 – Doom and gloom beams up Scotti

Belgium won with a European lead as they dominated.

Jonathan Sacoor had a superb first leg of 45.00 and though Robin Vanderbemden (45.92) dropped to second before Dylan Borlee (45.04) took them back ahead and it was a formality for individual champion Alex Doom (43.88) as they won by almost a second from Italy for whom Edoardo Scotti ran a 44.46 anchor.

Germany took bronze thanks to a 44.04 anchor from Emil Agyekum.

Britain were seventh but would surely have medalled with Charlie Dobson available.

Toby Harries ran a controlled 45.73 opener in third and they held that position through Michael Ohioze (45.20) despite him running very wide down the straight.

Lewis Davey did likewise and did a very strong finish to hold third with a 45.60.

Alex Haydock Wilson was a clear third most of the leg but used excess energy in trying to overtake Scotti and then faded badly in the straight with a 45.36.

Charlie Carvell, who ran an assured 44.95 in qualifying to win the heat for GB, was curiously overlooked.

**Gold: Belgium 2:59.84**  
**Silver: Italy 3:00.81**  
**Bronze: Germany 3:00.82**

#### Women's 4x100 – Henry the second as Britain reign

Britain won by two metres and led all the way as Dina Asher-Smith gave them a big lead (11.23 officially) followed by Desiree Henry (10.30), Amy Hunt (10.24) and Daryll Neita (10.14).

It was Asher-Smith's sixth European gold and eighth medal to add to her eight global medals.

France were a clear second while Netherlands snatched bronze from Switzerland who were disqualified anyway for not finishing with a baton!

**Gold: GBR 41.91**  
**Silver: FRA 42.15**  
**Bronze: NED 42.46**

#### Men's 10,000m – Dominic's republic

Switzerland's fantastic championships continued when 5000m medallist Dominic Lobalu sprinted to victory with a 26.83 last 200m to deny defending champion Yann Schrub.

Andreas Almgren was leading 200m out but the sub-27 mins performer did not have the finishing pace and even lost out on a medal in the last 20m. The closing pace was exceptional with a 1:55 last 800m and 2:56 last 1200m.

Patrick Dever, who led much of the race, had an exceptional run after the early pace saw the A race almost 30 seconds down on the pace of the earlier B race.

Dever kicked in a 61.65 and then a 59.82 up to the bell but was unable to hold off the top five with a 59.41 last lap and ended up sixth in 28:04.43. Zak Mahamed was 17<sup>th</sup> in 28:25.31 and Rory Leonard 19<sup>th</sup> in 28:33.66.

**Gold: Dominic Lobalu SUI 28:00.32**  
**Silver: Yann Schrub FRA 28:00.48**  
**Bronze: Thierry Nidikumwenayo ESP 28:00.96**

#### Men's PV – Armand dangerous

Armand Mondo Duplantis predictably won a contest that took over three hours and should have been scheduled earlier as it finished long after the track events concluded.

Emmanouil Karalis excelled to clear a PB 5.87m at the first attempt but only the Swede could clear 5.92m and 5.97m before setting a championships record 6.07m which also won him the 50,000 Euro as the best male jump at Rome.

He had three attempts at a world record 6.25m.

**Gold: Armand Duplantis SWE 6.10 CBP**  
**Silver: Emmanouil Karalis GRE 5.87**  
**Bronze: Ersu Sasma TUR & Oleg Zernikel GER 5.82**

#### Women's Long Jump – Malaika lika Roma

It's not been a medals champs for Germany but Olympic champion Malaika Mihambo continued the superb quality of the championships with a world leading 7.22m in the second round backed up by a 7.04m in the fifth.

Larissa Iapichino - daughter of ex Brit Fiona May - snatched silver with a 6.94m final jump and had 4 jumps over 6.82m.

The first seven bettered 6.80m.

**Gold: Malaika Mihambo GER 7.22 CBP**  
**Silver: Larissa Iapichino ITA 6.94**  
**Bronze: Agate de Sousa POR 6.91**

#### Men's 4x100m – No mini Italian job

The crowd went wild as Italy won at a canter as Matteo Melluzzo (10.45), Marcell Jacobs (8.58), Lorenzo Patta (9.34) & Filippo Tortu (9.05) all the way setting an European lead 37.82. Netherlands and Germany followed.

**Gold: Italy 37.82**  
**Silver: Netherlands 38.46**  
**Bronze: Germany 38.52**