

BRITISH & INTERNATIONAL SUPPORTERS EVENT INFORMATION SERVICE

ROME NEWSLETTER No 2

SUNDAY 9th June 2024

ITALY DOMINATE AGAIN / GOLDEN SWEDISH WALK / GB MEDALS FOR MILLS & GLAVE

Men's 5000m - Mills in boone

It was a slow race with far too many runners at 27 and most were still in contention given the slow pace into the final laps. Jakob Ingebrigtsen continued his European Championships dominance with a 53 last 400m and 1:52 final 800 to win gold. George Mills couldn't cope with the Norwegian's 25.51 last 200m but ran a brilliant race to take the silver medal.

James West was a solid seventh in 13:24.80.

Jack Rowe fell early on and was 17th in 13:31.77

Gold: Jakob Ingebrigtsen NOR 13:20.11
Silver: George Mills GBR 13:21.38
Bronze: Dominic Labalu SUI 13:21.61

Men's 100m - Glave digger

To the delight of the home crowd, Olympic champion Marcell Jacobs won's Italy fifth gold but had to fight hard to win from team-mate Chiaru Ali who was lucky to survive a false start.

Also, just 0.04 back from gold was Romell Glave who had a brilliant first senior championships to finish a clear third. Jacobs had won his semi in 10.05 while Glave won his in 10.11 while CJ Ujah ran a strong semi for 70m but faded to fifth in 10.22.

Gold: Marcell Jacobs ITA 10.02
Silver: Chitaru Ali ITA 10.05
Bronze: Romell Glave GBR 10.06

Men's 110mH: Simple Simonelli

World indoor silver medallist Lorenzo Simonelli ran the fastest semi - a European joint lead of 13.20 but in the final he improved to a stunning 13.05 and won by a metre from Enrique Llopis's PB 13.16.

Tade Ojora had a very messy semi clattering the last four hurdles and was seventh in 13.70.

Gold: Lorenzo Simonelli ITA 13.05
Silver: Enrique Llopis ESP 13.16
Bronze: Jason Joseph SUI 13.43

Women's Discus final - Sandy sure seven-up

Sandra Elkasevic made history when she became the first athlete to win seven consecutive titles at any event since first winning in 2010, A 67.04m opener was sufficient for gold backed up by a 66.34m.

Jorinde van Klinken followed up her shot silver with another medal.

Gold: Sandra Elkasevic CRO 67.04
Silver: Jorinde Van Klinken NED 65.99
Bronze: Liliana Ca POR 64.53

Day 3 Session Timings

AM: 9.05 Half-Mar. 10.05 Women's HT qualifying
PM 20.05 Women's 400m semis - last 22.53 W100m

Medals:

1 ITA 5G 4S 1B
2 NED 1 1 1
3 FRA/NOR 1 1 0. 12 GBR 0 1 1

Placings (1st = 8 pts > 8th = 1 pt)

1 ITA 82; 2 ESP 48.5; 3 NED 41; 4 FRA 37.5;
5 GBR 37; 6 GER 34; 7 SUI 31; 8 SWE 26

Men's Shot: Fabulous Fabbri

Predictably Leonard Fabbri was a class apart with a 22.12m second round and championships best 22.45m in the fifth and he won by a huge 1.25m.

Scott Lincoln produced the best British shot performance since Geoff Capes in 1974's bronze. He opened with 20.51m which briefly led and then a 20.88m fourth round moved him to fourth.

Gold: Leonardo Fabbri ITA 22.45 CBP
Silver: Filip Mihaljevic CRO 21.20
Bronze: Michal Haratyk POL 20.94

Men's Long Jump: Miltiadis operation

The qualifying suggested a top quality event and the final delivered.

Reigning Olympic and World champion Miltiadis Tentoglou opened with a 8.42m, improving to a 8.49m world lead in the third before a stunning 8.65m PB and championships record. He then matched that with the last jump.

Mattia Furlani set a world junior record of 8.38m with his first jump while Simon Ehammer jumped 8.31m. Jacob Fincham-Dukes opened up with a 8.12m which had him lie third after two rounds and he ended up a highly respectable fourth behind the big three.

Gold: Miltiadis Tentoglou GRE 8.65 CBP
Silver: Mattia Furlani ITA 8.38
Bronze: Simon Ehammer SUI 8.31

20km walk: Perseus sledges opposition

Ultra consistent Perseus Karlstrom, a four times world medallist and second in 2022, walked a strong second half to take Swedish gold. He overhauled the very un-Spanish sounding Paul McGrath (he has a Scottish father) to win by 18 seconds while Italy won another medal. Callum Wilkinson produced one of the best British walks in recent years to finish ninth in 1:21:34.

Gold: Perseus Karlstrom SWE 1:19:13
Silver: Paul McGrath ESP 1:19:31
Bronze: Francesco Fortunato ITA 1:19:54

Women's 100m hurdles: Samba party

Cyrena Samba-Mayela continued her advance with a championships and French record 12.31.

Ditaji Kambundji set a European under-23 record of 12.40. Cindy Sember had the slowest reaction time and was never on terms with the top three but finished a fine fourth in a season's best 12.56.

Samba-Mayela had set an earlier European lead of 12.43 in her semi and Sember won her semi in 12.64.

Gold: Cyrena Samba-Mayela FRA 12.31
Silver: Ditaji Kambundji SUI 12.40
Bronze: Pia Skrzyszowska POL 12.42

Men's 800m semis - Beater Gabriel

With a 25.72 last 200m, Elliot Giles was second in his SF in 1:46.50 behind Catalan Tecuceanu (1:46.30). Thomas Randolph was in a faster heat and led through 400m in 52.30 and was still in a qualifying position as they hit the straight but took 17 seconds for his last 100m and ran 1:49.18. The winner of the second SF was Gabriel Tual in 1:45.03.

Heptathlon Day two - Thiam tune on song

Overnight leader and defending champion Nafi Thiam strengthened her hold with a 6.59m long jump and 53.00m in the javelin to have a 209 point lead after six events. Thiam then ran a PB 800m in 2:11.79 in her 800m to win by 213.

Auriana Lazraq-Khlass continued her breakthrough with a huge PB in the javelin of 48.23m to go second ahead of Noor Vidts who though she won the 800m had to settle for third.

Jade O'Dowda had a good second day with a 6.48m jump and 42.33m throw to lie seventh before the 800m. and a PB 2:11.30 moved her to sixth. Her score of 6314 was an Olympic qualifier and moved her to sixth all time in the UK.

Gold: Nafi Thiam BEL 6848
Silver: Auriana Lazraq-Khlass FRA 6635
Bronze: Noor Vidts BEL 6596

Men's 3000m heats - Arce into gear

Mark Pearce ran a sensible race and though he drifted back on the last lap he just about held on to a top eight place by 0.13 of a second with 8:34.46. The top nine finished within a second.

Zak Seddon was quicker in a much faster second heat with 8:28.50 after being in a qualifying position at the start of the last lap but struggled home in tenth. The heat was won by Daniel Arce in 8:21.46.

Men's hammer qualifying - Norris convertible

Jake Norris qualified easily with the fifth best throw of 75.73m as 74.49m made the top 12. Wojciech Nowicki headed qualifying with 79.00m.

Women's Pole Vault qualifying - Molly no Holly

Molly Caudery waited for 4.50m before entering and cleared by a huge margin to ensure a final spot. Holly Bradshaw failed her opening height of 4.25m.

Women's 100m heats - in the hunt

Amy Hunt qualified easily with second in her heat in 11.26 with Rani Rosius fastest with 11.20. 11.45 qualified for the semis.

Men's 400m heats - Good Luka

Though he finished third in his heat, 2022 bronze medallist Alex Haydock-Wilson's 46.04 was one place short of making the top 14 as 45.90 qualified. Luca Sito was quickest with a 45.12.

Women's 400m heats - Bossier Bossier

Amandine Bossier was quickest with 51.30 as 52.24 advanced.

TOUR NOTES - LUNCHTIME TODAY

Today the optional between session lunchtime location visit will be ST. PETERS BASILICA (free entry) & Square where there are restaurants available in the vicinity. This visit will be directed by Marco one of our transportation assistants that is also a guide. Meet the bus after the morning session - you will return to the stadium by bus for the evening session.