

BRITISH & INTERNATIONAL SUPPORTERS EVENT INFORMATION SERVICE

ROME NEWSLETTER No 1

SATURDAY 8th June 2024

TRICOLOUR DELIGHT WITH GREAT START FOR ITALY & IRELAND Mixed 4x4 TRIUMPHANT

Women's 5000m - Italian job

Despite a well-executed race, Karoline Grovdal had to settle for second as Nadia Battocletti powered away in the last 100m to set a Championships and Italian record. Sifan Hassan held the previous mark.

Grovdal had led the opening kilo in 3:01.78 and gradually picked up the tempo to 5:58.92 at 2000m and 8:55.91 for 3000m.

By 4km in 11:51.85, most of her opposition had faded away but the Italian's 61st lap proved too strong. Marta Garcia produced a very fast finish and Spanish record to snatch bronze from Maureen Koster on the line.

Izzy Fry ran the track race of her life to set a PB 15:05.66 in ninth while Hannah Nuttall was tenth in 15:10.65 and Amy-Eloise Neale was 19th in 15:33.45.

Gold: Nadia Battocletti ITA 14:35.29 (CBP)
Silver: Karoline Grovdal NOR 14:38.62
Bronze: Marta Garcia ESP 14:44.04

20km Walk – Palmisano cheers

Olympic champion Antonella Palmisano won Rome's first gold medal with ease after pushing clear over the second half with relentless 4:20 kilometres.

Slowing down in the stadium she won by 28 seconds as she led an Italian one-two in a mostly empty but still quite noisy stadium.

The battle for second was more competitive with five together at 18km.

Laura Garcia-Card was a clear third in the stadium but labouring with a flag over the final kilometre she was caught by Lyudmila Olyanovska in the dying strides as she was celebrating prematurely.

Gold: Antonella Palmisano ITA 1:28:09
Silver: Valentina Trapletti ITA 1:28:37
Bronze: Lyudmila Olyanovska UKR 1:28:48

Mixed 4x400: Irish eyes are smiling

Ireland won their first European gold medal since Sonia O'Sullivan in 1998.

Chris O'Donnell (46.09), Rhasidat Adeleke (49.53), Thomas Barr (44.90) and Sharlene Mawdsley (a beautiful executed 49.40 gave them a clear win over Italy and Netherlands for whom Femke Bol made up a lot of ground on all bar Ireland on the last leg.

Adeleke's second leg had put Ireland into a controlled position and it proved crucial as Lieke Klaver struggled trying to match her and Netherlands lost a lot of ground.

Britain not fielding their strongest team (Charlie Carvall 45.67, Hannah Kelly 51.48, Lewis Davey 45.62 and Emily Newnham 51.20) ended up fifth in 3:13.97. 400m favourite Alex Doom ran the fastest men's leg of 44.16.

GOLD: Ireland 3:09.92
SILVER: Italy 3:10.69
BRONZE: Netherlands 3:10.73

Day 2 Session Timings

AM 10.05am Men's hammer qualifying
PM session begins at 18.00 with men's 20km walk with Heptathlon javelin at 18.05. Final event is men's 100m at 22.53.

Heptathlon Day one – KJT DNF

Katarina Johnson-Thompson got off to a modest start with 13.66 in the hurdles for seventh in her heat for 13th overall, one place up on Jade O'Dowda's 13.70. Olympic champion Nafi Thiam was 16th on 13.74.

Thiam though was a class apart in the high jump and a 1.95m clearance moved her in a clear lead on 2186 points as KJT cleared the next best 1.83m and moved up to fourth and O'Dowda, who also cleared 1.83m, to improve to sixth place.

Thiam strengthened her hold on the lead with a 15.06m throw in the shot to go 3051 with Noor Vidts now second on 2925.

O'Dowda moved up to fifth on 2752 with a 12.82m throw as Johnson-Thompson dropped to ninth on 2733 after a 12.44m throw but pulled out of the 200m due to a leg niggle.

Thiam lost ground in the 200m (24.81) but led overnight on 3955 with Vidts second after a 23.85 for 3920 as Auriana Lazraq-Khlass followed her 15.27m shot with another PB 23.56 to go third overnight on 3915. O'Dowda dropped to ninth after a 24.82 to end the first day on 3655 points.

Men's Discus final – Ceh it with flowers

The 2022 world champion Kristjan Ceh led the opening round with 66.59m as World record-holder Mykolas Alekna opened with a foul but took the lead with a 66.98m in the second before Ceh responded with a 68.08m. That proved sufficient but he had the three best throws overall ending with a 68.05m. Alekna improved to 67.48m but Lukas Weissshaidinger produced a 67.70m to snatch silver in round five.

Lawrence Okoye began with a solid 62.56m, improving further to 62.67m and that guaranteed a top eight place and three more throws and he improved to 63.38m and then 63.48m but stayed eighth.

Alekna had qualified with ease with his first throw of 67.50m. Okoye's 63.62m got him through safely in sixth best as 62.07m made the final.

Gold: Kristjan Ceh SLO 68.08
Silver: Lukas Weissshaidinger AUT 67.70
Bronze: Mykolas Alekna LTU 67.48

Women's high jump qualifying – Good Morgan

Morgan Lake made the final with a 1.89m leap courtesy of clearing that height first time. Favourite Yaroslava Mahuchikh was one of six over 1.92m.

Women's Shot: Dutch courage

Jessica Schilder defended her crown courtesy of a 18.77m opener with Dutch team-mate Jorinde Van Klinken going closest with a 18.67m second round throw.

Just 32 centimetres covered the top five with sixth placer Fanny Roos peaking too early to head qualifying with a 18.70m as 17.02m made the final.

Gold: Jessica Schilder NED 18.77
Silver: Jorinde Van Klinken NED 18.67
Bronze: Yemisi Oguntimele GER 18.61

Long Jump Qualifying – Ehammer nails it

It was a very high quality event worthy of a final with Simon Ehammer top with a world leading 8.41m. Second best was an inspired Jacob Fincham Dukes with 8.18m. With five over 8.10m and nine over 8.01m a 7.95m jump was needed to make the final.

Women's 100m hurdles heats – Lotta laughs

Unusually the 11 fastest qualified rather than by any position and Finn Lotta Harala was quickest with 12.91. Klaudia Wojtunik DQ-ed in the morning got a reprieve and ran solo 10 hours later and qualified with a 13.22 to be slowest through to the semis.

Men's 110m hurdles heats – Poles apart

14 qualified here by time with a modest 13.84 sufficient. Jakub Szymanski was quickest with 13.53.

Women's 1500m heats – Gem from Jemma

Jemma Reekie ran a controlled race from the front to win her heat in 4:06.68. The other two Brits Georgia Bell (4:12.01) and Katie Snowden (4:12.37) qualified second and third in a slower messier race which saw a number of fallers. Ciara Mageean IRL looked very comfortable too.

Women's Triple Qualifier – Aleksandr great

Bulgarian Aleksandr Nacheva led the way with a PB 14.29m as 13.86m made what looks a closely matched final.

Men's 800m heats – Paul new man

The first heat was a fast 1:45.69 won by Gabriel Tual. Adrian Ben won a loaded second heat in 1:46.39 just ahead of Elliot Giles (1:46.44). Callum Dods led his heat but lost out in an exciting finish in fifth in 1:46.39 as Ole Solbu won in 1:46.16. Dods was still qualifying until the last heat won by Paul Anselmini in a PB 1:44.73 from Czech Jakub Dudycha's U20 world lead 1:44.89. Thomas Randolph was seventh but qualified in 1:45.58.

Women's Discus qualifying – Sandra Oh!

Seeking history, Sandra Elkasevic topped qualifying with 65.62m as 60.65m made the final.

Women's Steeplechase heats – Bird in flight

Alice Finot was fastest with 9:29.28 while Elizabeth Bird qualified easy with 9:32.87.

Men's Shot qualifying – Lincoln convertible

Scott Lincoln easily qualified for the final sixth best overall with a 20.31m throw as 19.71m proved sufficient. European leader Leonardo Fabbri was the only auto qualifier with 21.10m.

Men's 100m heats – Mateo finish

Late team addition CJ Ujah won his heat in 10.23 to qualify easily as Italian Pablo Mateo was fastest overall in 10.18.

TOUR NOTES:

On Sunday 9 JUNE the optional between session lunchtime location visit will be ST. PETERS BASILICA (free entry) & Square where there are also restaurants also available. The Villa Borghese option previously suggested will not take place as eating options close to the Villa are limited and others in the Via Veneto area are expensive.