

### BRITISH & INTERNATIONAL SUPPORTERS EVENT INFORMATION SERVICE

## MUNICH NEWSLETTER No 3 THURSDAY 18th August 2022

### REPEAT GOLD FOR GBR'S MHS / BOL DOUBLE ON TOO / MURTO FLYING FINN / PICHARDO THIRD MAJOR

#### Men's 400m: Matt Finish

Matthew Hudson-Smith missed Iwan Thomas's championships record by just 0.01 of second but after a World bronze and Commonwealth silver, he made the progression to win European gold and retain his title and win his third individual medal. He joins Roger Black and Martyn Rooney as double champions.

He passed 100m in 11.06 marginally ahead but Liemarvin Bonevacía was leading on 21.36 to the Brit's 21.40 (10.34 for that 100m). The huge favourite went ahead on the bend with 32.36 at 300m (10.96) for a three metre lead and despite slowing with a 12.17 last 100m to win by exactly half a second.

Ricky Petruccianni was only seventh at 200m in 21.72 but he finished strongly (12.12 last 100m) to finish a clear second. There was a tremendous battle for third with Alex Heydock-Wilson (11.10, 21.50, 32.70) fighting all the way with Bonevacía to snatch bronze as they shared the 45.17 time.

**GOLD: Matthew Hudson-Smith (GBR) 44.53**  
**SILVER: Ricky Petruccianni (SUI) 45.03**  
**BRONZE: Alex Haydock-Wilson (GBR) 45.17**

#### Women's 400m: Bol in pole position

Femke Bol won the first part of an attempt at a historic double as her 49.44 European lead smashed the Dutch record and her PB and like Hudson-Smith, won by exactly half a second. Bol's splits were 12.20, 23.70 and 36.17.

Poland underlined their 4x400m credentials by Natalia Kaczmarek and Anna Kielbasinska easily taking the other medals but they were unable to challenge the Dutch star who ran the fastest Championships 400m since 1986.

Finishing fast was Victoria Ohuruogu, who continued her amazing season with a flying finish and her 50.51 just caught Rhasadat Adeleke's Irish record 50.53 from lane one as Linke Klaver (23.36 at 200m) died a death in the straight.

The Briton's splits were 12.51, 24.43 and 37.04.  
**GOLD: Femke Bol (NED) 49.44**  
**SILVER: Natalia Kaczmarek (POL) 49.94**  
**BRONZE: Anna Kielbasinska (POL) 50.29**

#### Men's 110m hurdles: Ace Asier eases home

World bronze medallist Asier Martínez won a thrilling race thanks to a perfect dip by just a thousandth of a second to deny a defence for 2018 winner Pascal Martinot-Lagarde as the pair set a European lead of 13.14 (though 13.137 for the Spaniard). His time was also a PB.

It was also fairly close for third with Just Kwaou-Mathej also dipping perfectly and he edged Jason Joseph.

World junior record-holder Sasha Zhoya couldn't make it a good day for France as he crashed through the final hurdle and fell heavily.

Andy Pozzi in lane one, started well but lost momentum mid-race and was sixth (same as in 2018) in 13.66 after another messy 13.48 semi final.

Miguel Pereraset a PB 13.58 in his semi though David King struggled with a 13.73.

**GOLD: Asier Martínez (ESP) 13.14**  
**SILVER: Pascal Martinot-Lagarde (FRA) 13.14**  
**BRONZE: Just Kwaou-Mathej (FRA) 13.33**

#### Medal table

1 GER 4 3 1; 2 ESP 2 3 1; 3 CRO/GRE 2 1 0; 5 NED 2 0 2; 6 GBR 1 2 3; 7 POL 1 2 2; 8 ITA 1 1 3

#### POINTS (28 countries)

GER 97, GBR 73.5, ESP 69, ITA 68.5, POL 54, NED+FRA 46, SUI 36.5

#### Women's Hammer: Merchant Bianca

In the absence of the injured world record-holder Anna Włodarczyk this was a mediocre but relatively close competition.

Bianca Ghelber, the Romanian who was sixth in both Tokyo and Eugene, won the European gold at her fifth attempt with a previous best of fourth in 2010. She had a solid series, starting with a 72.22m which would have won and ending with a 72.72m: even the worse of her six throws was 71.22m. As a prolific youngster she had been World Youth / U 20 and also Euro U 20 & U 23 winner 7 times from 2005-2009!

In the great Pole's absence they still won silver through Eva Rozanska who threw a PB 72.12m in the final round. Sara Fantini of Italy took bronze, also peaking in the last round with a 71.58m as Hanna Skydan, who threw 74.57m in qualifying could only manage 70.88m for fourth.

**GOLD: Bianca Ghelber (ROM) 72.72m**  
**SILVER: Eva Rozanska (POL) 72.12m**  
**BRONZE: Sara Fantini (ITA) 71.58m**

#### Men's Triple Jump: Pichardo of the pops

In his first European Championships, World and Olympic champion Pedro Pichardo predictably won his third major title in little over a year.

He immediately led with a 17.05m opener improving to 17.50m to seal gold in round two though he did have a huge marginal foul in round six.

Andrea Dallavalle started with two no jumps and a 16.81m third round gave him three more jumps and his 17.04m fifth round took silver.

Ben Williams started with a promising 16.66m but failed to build and his two other measured jumps were 16.47m and 16.53m though the latter was well back on the board and he finished sixth.

**GOLD: Pedro Pichardo (POR) 17.50m**  
**SILVER: Andrea Dallavalle (ITA) 17.04m**  
**BRONZE: Jean Marc Pontvianne (FRA) 16.94m**

#### Women's Pole Vault: Just Wilma

Wilma Murto started the competition with a 4.60m season's best from her sixth at Eugene.

She cleared 4.65m at the second attempt which ensured a medal and she was still third after a PB 4.75m but she alone cleared 4.80m before a 4.85m championships record gave Finland a shock gold and her third Finnish record!

Former Olympic, world and European champion Katarina Stefanidi took silver.

Britons Molly Caudery took seventh (4.55m) and Sophie Cook ninth (4.40m) as both excelled.

**GOLD: Wilma Murto (FIN) 4.85m**  
**SILVER: Katerina Stefanidi (GRE) 4.75m**  
**BRONZE: Tina Sutej (SLO) 4.75m**

#### Women's Triple Jump Qualifying What the Eckhardt?

The German inspiration continues as Neele Eckhardt-Noack set a PB 14.53m to head qualifiers.

Only two athletes reached the farcical 14.40m qualifying standard set but as 13.71m proved sufficient, Commonwealth medallist Naomi Metzger continued her good form to finish fourth best on 14.24m.

#### Men's Discus Qualification: Ceh you don't mind

World champion Kristjan Ceh headed qualifiers with a superb Championships record 69.06m with Lawrence Okoye qualifying eighth best with 62.56m though with 61.80m qualifying, Nick Percy just missed out with 61.26m in 14<sup>th</sup>.

#### Men's 400mH heats - Paul up

In an exciting heat one Jacob Paul was a close second in his heat to fastest overall Victor Coroller's 49.35 in a PB 49.40. Seamus Derbyshire also qualified with a 50.08 though Joshua Faulds (51.21) was eliminated as a fairly fast 50.12 missed out.

#### Women's 400mH heats - Fahr and away

Annina Fahr won the first heat in a PB 56.26 but much the fastest was Carolina Krafzik who showed medal potential form with a PB 54.32.

Hayley McLean qualified in third in 56.64 to join the top 12 on rankings in the semis.

#### Men's Hammer Qualifying Nick in time

Multi world champion Pawel Fajdek (79.76m) and Olympic champion Wojciech Nowicki (78.78m) predictably led the way with Nick Miller throwing 76.09m to qualify ninth after a 72.67m opener which would just have been enough as 73.26m was 12<sup>th</sup> and 71.86m 13<sup>th</sup>.

#### Heptathlon Day 1; In the Nafi

Nafi Thiam looks well on course to break Jess Ennis's 12 year-old Championships record after a dominating first day.

Anna Kalik's 13.23 led the hurdles with Thiam third on 13.34 but the Belgian showed her class as she high jumped a Championships record 1.98m and after two events she led by 188 points on 2285 from team-mate Noor Vidts.

A 14.95m shot and a 24.64 200m left her on 4063 points just eight points down on her Eugene score where she went on to score 6947 with Ennis's record just 6823.

Vidts is second on 3849 while world silver medallist Anouk Vetter, just 14<sup>th</sup> after two events (13.37 and 1.71m) moved up to third after winning the last two events in 15.68m and 24.00 (close to Mary Peters 24.08 in Munich 50 years ago) is on 3824.

Jade O'Dowda ran 13.72 in the hurdles and then set a 1.80m PB to move her to fourth after two events but a 12.98m shot and 24.80 200m left her 11<sup>th</sup> overnight on 3627, well up on her Commonwealth 3582.

Holly Mills had a frustrating day with a 13.74 hurdles, 1.74m high jump, 13.23m shot and 25.11 for the 200m and is 17<sup>th</sup> on 3538 just down on her Birmingham score of 3582.

#### Thursday Timetable

09.00 Women's javelin qualifying

09.20 Women's steeplechase heats

09.25 Heptathlon long jump (11.36 Javelin)

10.10 Men's 800m

10.45 Women's 800m

10.50 Men's Pole Vault qualifying

11.25 Men's 400m hurdles semis

11.55 Women's 400m hurdles semis

12.30 Men's 200m heats

13.05 Women's 200m heats

20.05 Men's High Jump final

20.10 Men's Hammer final

20.13 Men's 200m semis

20.37 Women's 200m semis

20.58 Women's long jump final

21.05 Men's 1500m

21.25 Women's 5000m final

21.55 Heptathlon 800m