

### BRITISH & INTERNATIONAL SUPPORTERS EVENT INFORMATION SERVICE

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**TUESDAY 16th August 2022**

#### McCOLGAN SILVER AS TURKEY 10,000 WIN AS SHOT GOLDS TO DUTCH AND CROATS

##### Women's 10,000m: Can Did as Eilish did two too

Uniquely in her fifth final of the summer, Eilish McColgan put up a spirited attack to try and win European gold but she just couldn't match Yasemin Can's vicious 67.9 lap in a 2:55 eighth kilometre but a 67 last lap of her own saw off defending champion Lonah Salpeter. As she ran her third Championships 10km in the 30:30-30:40 vicinity.

Sam Harrison led past 1000m in 3:13.05 before McColgan led through the next few kilos in 6:15.74, 9:16.93, 12:19.38 and halfway in 15:22.15 and she now had just three followers. The pace dropped slightly through 6km in 18:26.13 and 7km in 21:29.15 before Can eased away in 24:24.93 and 27:29.27.

Harrison finished a fine sixth in 31:46.87 while Jess Judd struggled home 10<sup>th</sup> in 32:23.98.

**GOLD: Yasemin Can (TUR) 30:32.57**  
**SILVER: Eilish McColhan (GBR) 30:41.05**  
**BRONZE: Lonah Salpeter (ISR) 30:46.37**

##### Men's Shot: Miller time

Croatia's Filip Mihaljevic dominated the competition taking the lead with a 21.27m third throw improving to 21.53m in the fourth and 21.88m in the final round.

Armin Sinancevic of Serbia went into second with a 21.39m fifth throw backed up by a 21.32m last throw.

Tomas Stanek, who missed Eugene to focus on this, took bronze and the medallists were the only 21 metre throwers.

Scott Lincoln was unable to replicate his qualifying round 20.64m with 19.90m

**GOLD: Filip Mihaljevic (CRO) 21.88**  
**SILVER: Armin Sinancevic (SRB) 21.39**  
**BRONZE: Tomas Stanek (CZE) 21.26**

##### Women's Shot: Jessica rare bit

World bronze medallist Jessica Schilder who set a Dutch record in Eugene and Chorzow, went up another level with her first 20 metre throw - an European lead 20.24m in round two. It was the first ever Dutch medal in the event but likely not the last!

World indoor champion Auriol Dongmo set a Portuguese record 19.82m with Netherlands also winning bronze.

Sophie McKinna struggled with her new technique and only threw 16.29m.

In qualifying McKinna threw 17.33m for the twelfth and final spot with Amelia Strickler (17.20m) and Divine Oladipo (17.16m) just missing out.

**GOLD: Jessica Schilder (NED) 20.24m**  
**SILVER: Auriol Dongmo (POR) 19.82m**  
**BRONZE: Jorinde van Klinken (NED) 18.94m**

##### Women's 400m Heats: Iga peaks in heat

Laviai Nielsen won the first heat in a season's best 51.60 which made her third fastest overall with Iga Baumgartl-Widan fastest with 51.09.

##### Women's Discus qualifying: Sandra oh

Sandra Perkovic - chasing a record sixth successive gold headed qualifiers with a 65.94m throw as Jade Lally qualified 11<sup>th</sup> best with 57.68m as 57.04m made it through.

##### Men's Marathon: Not dead Ringer

Richard Ringer pulled off one of the most exciting marathon wins in history.

The former European 5000m bronze medallist shot past Maru Teferi in the last 10 metres.

The Israeli had made a brave run for home in the last 2km but seventh less than a month earlier in Eugene he just failed to win Israel's first ever major marathon title 50 years after the Israeli massacre in the 1972 Olympics. Phil Sesemann (17<sup>th</sup> in 2:15:17) led home the British squad that finished sixth in the Team competition which did see gold go to Israel as apart from second they also finished third, seventh and ninth and they enjoyed an easy win over Germany.

The rest of the British team was Mo Aaadan in 30<sup>th</sup> in 2:17:34, Andrew Davies in 35<sup>th</sup> in 2:18:23 and Andy Heyes 44<sup>th</sup> in 2:19:47 while Luke Caldwell dropped out.

**GOLD: Richard Ringer (GER) 2:10:21**  
**SILVER: Maru Teferi (ITA) 2:10:23**  
**BRONZE: Gashau Ayale (ISR) 2:10:29**

##### Women's Marathon: Aleksandra the Great

The first gold of the Championship went to Poland in another exciting race.

Aleksandra Lisowska, who set a Polish record last year, but had shown negligible form in 2022 made a long run for home in the last 2km and held off a challenge from Matea Parlov Kostro who closed menacingly in the last 400 metres but ultimately fell six seconds short.

Event favourite Nienke Brinkman just edged home Miriam Dattke.

Alice Wright who was the official leader at 15km faded over the second half to finish 22<sup>nd</sup> in 2:35:33 while Naomi Mitchell was 25<sup>th</sup> in 2:36:44, Becky Briggs 31<sup>st</sup> in 2:39:02 and Rosie Edwards 35<sup>th</sup> in 2:40:47 which left the team sixth in a team competition won by Germany.

**GOLD: Aleksandra Lisowska (POL) 2:28:36**  
**SILVER: Matea Parlov Kostro (CRO) 2:28:42**  
**BRONZE: Nienke Brinkman (NED) 2:28:52**

##### Men's 1500m heats - A kick in the Gourleys

All three Britons - all highly ranked - made it through to the final but only just.

Michal Rozmys and Jajob Ingebrigtsen were impressive winners of their heats while a very fast 26.0 last 200m saw Neil Gourley take fourth in 3:38.07 and the last automatic spot passing Matthew Stonier who got through as a fastest loser in 3:38.37.

Jake Heyward squeezed the last fastest losers spot by just 0.02 of a second as after leading throughout with a 55 third lap he faded in the straight to finish fifth in 3:39.30.

##### Men's 400m heats - Re of Light

David Re was fastest with 45.26 just ahead of Ricky Petrucciani whiel Joseph Briar was unlucky to miss the fastest losers spot by 0.01 of a second with his fifth place 46.06.

##### Men's Triple Jump Qualifying: Big Ben strikes

Ben Williams qualified eighth best with a 16.47m leap as the qualifiers were predictably led by world champion Pedro Pichardo.

##### Men's shot qualifying: Lincoln convertible

Scott Lincoln had his best ever major championships performance when he finished fifth best in qualifying with 20.64m as only two athletes Armin Sinancevic (21.82m) and Tomas Stanek (21.39m) reached the necessary 21.15m as 19.91m qualified.

##### Men's 100m heats: Israel strikes

Ireland's Israel Olatunde was quickest in the heats (the quickest 12 got byes) with a 10.19 PB as 10.35 was the slowest of the qualifying.

##### Women's 100m heats: Admirable Nelson through

Ashleigh Nelson a late replacement for a Covid-suffering Asha Philipp, got through as fourth fastest with a 11.41 in a heat won by Belgium's Delphine Nkamsa, who was quickest qualifier with 11.33.

##### Decathlon: Ehammer blows away opposition

World champion and world record-holder Kevin Mayer limped home in the 100m in 11.67 and pulled out of the competition as Simon Ehammer was easily quickest with 10.56 for a 46 point lead.

Ehammer then dominated the long jump with a championships best 8.31m (his decathlon world record is 8.45m) and the next best was 7.56m.

His lead after two events (2102) from Dario Dester (1828) was an astonishing 274 points.

A 14.24m shot saw the lead drop to 254 points but went back to 295 with a 2.08m high jump before winning the 400m in 47.40 and the Swiss leads overnight on a huge 4661 points from Dester's 4327 and Sander Skotheim on 4324.

##### Women's PV qualifying: Not too many Cooks

Both on their last attempts Molly Caudery and Sophie Cook cleared 4.50m, the latter equalling her PB though three athletes got through with 4.40m on countback.

##### Men's LJ qualifying: Fincham-Dukes no Hazard

British male long jumpers got a rare recent Championships opportunity and made the most of it and Jacob Fincham-Dukes (5<sup>th</sup>, 7.86m) and Reynold Banigo (9<sup>th</sup>, 7.75m) qualified in a tight competition with just seven centimetres covering seventh to a non-qualifying 13<sup>th</sup> as 7.74m made the cut and only Thobias Montler (8.06m) got the automatic 8.05m.

Jack Roach (7.33m) missed out.

##### Tuesday Timetable

##### 8.30am Men's/women's 35km race walk

9.05 Dec 110mH (DT 9.50, PV 11.30, JT 18.30)

9.35 Men's 110mH heats

10.15 Women's 1500m heats

11.40 Men's 3000m steeplechase heats

12.15 Women's Hammer qualifying

12.25 Men's 400m semis

13.00 Women's 400m semis

18.35 Men's High jump qualifying

20.05 Men's 100m semis

##### 20.27 Men's Long Jump final

20.35 Women's 100m semis

20.55 Women's discus final

21.08 Men's 5000m final

21.35 Decathlon 1500m

22.15 Men's 100m final

22.25 Women's 100m final