

UK Lists (as at 14 June 2021)
 (compiled by Stan Greenberg)]
 (2020/2021 Olympic qualifying marks in brackets)

MEN		200m(20.24)	
100m(10.05)		20.14	Zharnel Hughes*
10.03	Chijindu Ujah*	20.51	Miguel Francis*
10.14	Zharnel Hughes*	20.58	Adam Gemili*
10.20	Andy Robertson	20.76	Nethaneel Mitchell-Blake
10.21	Romell Glave	20.82	Chijindu Ujah
10.25	Eugene Amo-Dadzie	20.83	Delano Williams
10.25	Sam Gordon	20.84	Andrew Morgan-Morrison
10.28	Nethaneel Mitchell-Blake	20.87	Edward Amaning
10.29	Jamal Rhoden-Stevens	20.88	Michael Ohioze
10.29	Brandon Mingeli	20.91	Nick Stewart
10.31	Edmond Amaning	21.08	Toby Harries
10.31	Adam Thomas	21.11	Adam Thomas
10.32	James Dasaolu	21.15	Toby Makoyawo
10.33	Jordan Watson-Brown	21.15	Ben Snaith
10.35	Dom Ashwell	21.17	Shemar Boldizsar
10.35	Tommy Ramdhan	21.18	Krishawn Aiken
10.36	Jona Efoloko	21.18	Brandon Mingeli
10.36	Daniel Beadsley	21.24	James Hanson
10.37	Andrew Morgan-Harrison	21.27	Niclas Baker
10.39	Miguel Francis	21.28	Kyle Ennis
10.39	James Ellington	21.28	Dan Beadsley
10.40	Chad Miller	21.28	Jona Efoloko
10.40	John Otugade	21.28	Richard Kilty
10.41	Krishawn Aiken	windy	
10.41	Imran Rahman	19.93	Zharnel Hughes
10.42	Toby Makoyawo	20.45	Miguel Francis
10.42	Joel Fearon	20.62	Edmond Amaning
10.43	Kieran Showler-Davis	20.65	Tommy Ramdhan
10.44	Jeremiah Azu	20.72	Delano Williams
10.44	Richard Kilty	20.9h	Jordan Watson-Brown
10.45	Destiny Ogali	20.92	Adam Clayton
	Reece Prescod*	21.09	Jason Kalala
	Adam Gemili*	21.15	Kyle Ennis
		21.18	Michael Onilogbo
Windy		Straightaway	
10.01	Andy Robertson		
10.17	Jamal Rhoden-Stevens	19.93	Zharnel Hughes
10.19	Romell Glave		
10.22	Joel Pascall-Menzie	300m	
10.26	Dom Ashwell	32.91	Lee Thompson
10.30	Jeremiah Azu		
10.31	Ojie Edoburun		
10.35	Joel Fearon		
10.35	Sam Gordon		
10.35	Harry Taylor		
10.36	Tommy Ramdhan		
10.37	Imran Rahman		
10.38	Toby Harries		
10.39	Henry Nwoke		

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400m(44.90)		1:46.68	George Mills
45.51	Matthew Hudson-Smith	1:46.76	Yusuf Bizimana
45.51	Charlie Dobson	1:46.77	Ben Pattison
45.84	Joseph Brier	1:46.78	Ethan Hussey
45.89	Cameron Chalmers	1:46.85	Guy Learmonth
45.90	Alex Haydock-Wilson	1:47.22	Tiarnen Crokken
46.27	Lee Thompson	1:47.24	Max Wharton
46.30	Michael Ohioze	1:47.25	Jake Heyward
46.35	Rabah Yousif	1:47.26	Archie Davis
46.35	Efe Okoro	1:47.48	Rocco Zaman-Browne
46.37	Niclas Baker	1:48.49	William Onek
46.37	Owen Smith	1:48.54	Andy Smith
46.50	Jamal Rhoden-Stevens	1:48.72	Ben Greenwood
46.53	Ben Jeffries	1:48.72	Henry Johnson
46.59	Alex Haydock-Wilson	1:48.75	Sebastian Anthony
46.64	Charlie Carvell	1:48.79	Joe Ewing
46.65	Lewis Davey	1:48.84	Ben Murphy
46.83	James Williams	1:48.87	James Taylor
46.85	Toby Harries	1:49.04	David Locke
46.86	Kevin Metzger	1:49.16	Luca Bigg
47.14	Kyle Langford	1:49.22	Michael Wilson
47.15	Ethan Brown	1:49.29	Ben Claridge
47.19	Edward Faulds	1:49.31	Daniel Howells
47.20	Alex Cooper	1:49.44	Shaun Gee
47.37	Aidan Leeson	1:49.48	Angus Harrington
47.5h	Brodie Young	1:49.68	Jack Dickson
Indoors		1:49.78	Elliot Slade
46.60	James Williams	1:49.79	Harry Cox
46.62	Ethan Brown	1:49.84	Adam Wright
47.07	Thomas Somers	1:49.91	Sam Brown
		1:49.98	Daniel Joyce
600m		indoors	
-		1:43.63	Elliot Giles*
		1:44.54	Jamie Webb*
800m(1:45.20)		1:45.52	Charles Da'Vall Grice
1:43.82	Oliver Dustin*	1:45.91	Finley McLearn
1:44.14	Max Burgin*	1:46.73	Guy Learmonth
1:44.60	Daniel Rowden*	1:47.24	Neil Gourley
1:45.13	Jamie Webb*	1:48.74	Sebastian Anthony
1:45.05	Elliot Giles*		
1:45.47	Jake Wightman*	1000m	
1:45.63	Charles Da'Vall Grice	-	
1:45.71	Oliver Dustin	indoors	
1:45.74	Josh Kerr	2:17.20	Charles Da'Vall Grice
1:45.80	Finley McLearn	2:18.68	Neil Gourley
1:45.91	Joshua Lay		
1:46.32	Kyle Langford*		
1:46.52	Alex Botterill		
1:46.60	Tom Randolph		

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1500m(3:35.00)		3:44.05	Jack Meijer
3:31.55	Josh Kerr*	3:44.38	Kian Davis
3:33.80	Elliot Giles*	3:44.43	Mark Pearce
3:33.81	Charles Da'Vall Grice*	3:44.43	Joe Ewing
3:33.99	Jake Heyward*	3:44.51	James Donald
3:34.62	Piers Copeland*	3:44.65	Matt Leach
3:34.67	Jake Wightman*	3:44.68	Sebastian Anthony
3:36.28	Marc Scott	3:44.67	Adam Moore
3:36.34	George Mills	3:44.69	Matthew Wigelsworth
3:37.72	James Young	3:44.72	Dominic Nolan
3:37.90	Joshua Lay	3:44.75	Rory Leonard
3:38.49	Archie Davis	3:44.90	Sean Molloy
3:38.79	Adam Fogg(ex Aus)		
3:38.96	James West	3:44.91	Ben Potrykus
3:39.17	Matthew Stonier	3:44.98	Tom Anderson
3:39.41	Tiarnen Crocken	indoors	
3:39.60	Tom Dodd	3:34.48	Jake Wightman
3:39.68	Max Wharton	3:35.79	Neil Gourley
3:39.81	James West	3:40.82	Andy Butchart
3:39.85	James McMurray		
3:39.85	John Howorth	Mile	
3:40.23	Euan Makepeace	-	
3:40.36	Remi Adebisi		
3:40.55	Andy Smith	indoors	
3:40.82	Adam Clarke	3:57.00	Tom Dodd
3:40.82	Henry McLuckie	3:57.52	Adam Fogg (ex-Aus)
3:40.82	Ben West		
3:41.18	Patrick Dever	3:57.81	Yusuf Bizimana
3:41.27	Kane Elliott		
3:41.66	James Henaghan	2000m	
3:42.05	Ethan Hussey	-	
3:42.06	Zak Seddon		
3:42.06	Ricky Harvie	3000m	
3:42.32	Chris Olley	7:36.08	Marc Scott
3:42.33	Luke Duffy	7:43.57	Andy Butchart
3:42.49	Jeremy Dempsey	7:49.71	Jack Rowe
3:42.58	Tom Keen	7:53.61	Jonathan Davies
3:42.75	Isaac Akers	7:57.44	Phil Sesemann
3:42.90	Yusuf Bizimana	7:58.98	David Mullarkey
3:42.90	Tom Mortimer	indoors	
3:42.92	Miles Weatherseed	7:40.85	Andy Butchart
3:42.97	David Mullarkey	7:51.27	Phil Sesemann
3:43.15	Simon Coppard	7:52.36	Mark Pearce
3:43.28	James Domoney	7:54.33	Tom Anderson
3:43.30	Neil Johnson	7:55.28	Ross Millington
3:43.59	Charlie Hicks	7:55.43	Euan Makepeace
3:43.60	Jonathan Shields	7:58.42	Charles Wheeler
3:44.00	Alex George	7:59.45	Emile Cairss
3:44.00	Ben MacMillan		

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5000m(13:13.50)		28:45.72	Dewi Griffiths
13:05.13	Marc Scott*	28:59.63	James Hunt
13:19.85	Patrick Dever	29:00.16	Thomas George
13:20.39	Andy Butchart*	29:00.26	David Melville
13:21.56	Jonathan Davies		Sam Atkin*
13:23.78	Josh Kerr		Half Marathon
13:28.12	Tom Mortimer	63:07	Mo Farah
13:30.55	Euan Makepeace	63:45	Callum Johnson
13:33.89	Charles Hicks	64:45+	Dewi Griffiths
13:35.77	Jack Rowe	64.45+	Jake Smith
13:38.01	Jake Smith	64.45+	Ben Connor
13:38.38	Tom Anderson	64.45+	Callum Hawkins
13:42.0+	Mo Farah		
13:46.17	Alex George	64.46+	Mohamud Aadan
13:46.26	Matt Leach	65.03+	Chris Thompson
13:46.64	Adam Clarke	65:07	Adam Hickey
13:46.78	James Dee	65:33	Chris Richards
13:46.80	Phil Norman	65:38	Daniel Connolly
13:46.95	Liam Dee	65.40	Jonathan Glen
13:47.31	Isaac Akers	65:41	Dean Williamson
13:49.33	Kristian Jones	65:59	Joe Monk
13:50.22	Rory Leonard		
13:50.56	Ellis Cross		Marathon(2:11:30)
13:52.63	Hugo Milner	2:10:52	Chris Thompson x
13:53.03	Osian Perrin	2:11.00	Jake Smith
13:53.29	Tom Marshall	2:12:06	Ben Connor x
13:53.34	Dominic Nolan	2:12:20	Muhamud Aadan
13:54.52	Michael Power	2:13:42	Dewi Griffiths
13:55.02	Daniel Jarvis	2:15:08	Joshua Griffiths
13:56.20	Henry McLuckie	2:15:26	Robbie Simpson
13:56.65	Mahamad Mahamad	2:15:50	Andrew Davies
13:56.03	Jamaine Coleman	2:15:58	Frank Baddick
13:56.52	David Mullarkey	-	Callum Hawkins x
13:58.48	Adam Fogg (Ex-Aus)		
13:59.24	Scott Beattie		
13:59.71	Aidan Thompson		
		3000mSt(8:22.00)	
		8:20.12	Phil Norman*
		8:25.43	Mark Pearce
		8:28.38	Zak Seddon*
10,000m(27:28.00)		8:29.39	Jamaine Coleman
27:10.41	Marc Scott*	8:36.44	Adam Visokay
27:41.87	Patrick Dever	8:36.50	Jonathan Hopkins
27:47.63	Charles Hicks	8:39.49	Dan Jarvis
27:50.64	Mo Farah	8:47.86	Will Batterill
27:53.19	Emile Cairess	8:48.46	Chris Perry
28:22.33	Matt Leach	8:49.82	Aidan Thompson
28:23.50	Kristian Jones	8:50.07	Alex Cornwell
28:25.79	Mohamud Aadan	8:50.38	Ieuan Thomas
28:26.77	Mahamed Mahamed	8:51.88	Haran Dunderdale
28:36.95	Hugo Milner	8:55.54	Kristian Imroth
28:41.38	Scott Beattie		

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110mH(13.32)

13.25 Andy Pozzi*
 13.37 David King
 13.46 Cameron Fillery
 13.47 James Weaver
 13.57 Tade Ojora
 13.64 Josh Zeller
 windy
 13.52 Tade Ojora
 13.60 Josh Zeller

Pole Vault(5.80)

5.65 Harry Coppell*
 5.42 Charlie Myers
 5.15 George Heppinstall
 5.12 Jacob Clark
 5.11 Adam Hague
 indoors
 5.65 Charlie Myers
 5.20 Adam Hague

400mH(48.90)

49.61 Chris McAlister
 49.82 Alex Knibbs
 49.95 Alastair Chalmers
 50.36 Efe Okoro
 50.66 Jacob Paul
 50.9h Seamus Derbyshire
 51.18 Dai Greene
 51.56 Adam Booth
 51.89 Bailey Stickings
 52.02 Jason Nicholson

Long Jump(8.22)

7.88 Reynold Banigo
 7.80 Tim Duckworth
 7.78 Alex Farquharson
 7.77 James Lelliott
 7.67 Jacob Fincham-Dukes
 7.65 Samuel Khogali
 7.53 Jack Turner
 7.52 Jack Roach
 7.49 Brad Davies-Pughe
 7.42 Alessandro Schenini
 7.42 Efe Uwaifo
 windy

4 x 100m

39.39 National Team
 39.73 Wales

-

indoors

8.08 Jacob Fincham-Dukes
 7.46 Dominic Ogbechie
 7.40 Dan Bramble

4 x 400m

3:06.70i National Team

Triple Jump(17.14)

16.27 Michael Puplampu
 16.20 Efe Uwaifo
 16.07 Julian Reid
 15.94 Nathan Douglas
 15.71 Daniel Igbokwe

High Jump(2.33)

2.27 Tom Gale*
 2.25 Will Grimsey
 2.22 Chris Baker
 2.20 Dave Smith
 2.19 Joel Khan
 2.17 Sam Brereton
 2.16 Adam Brooks

15.54 Aidan Quinn
 15.45 Jonathan Ilori
 Ben Williams*

indoors

2.23 Joel Khan

windy

16.57 Nathan Douglas
 15.73 Daniel Igbokwe
 indoors
 15.42 Sam Trigg

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Shot(21.10)	7158p	Tim Duckworth
21.28 Scott Lincoln	7148p	Joel McFarlane
18.09 Youcef Zatat	7054p	Nicolas Gerome
17.57 George Evans	7052p	Curtis Matthew
17.41 Gareth Winter	7042p	Phil Kastner
17.10 Lewis Byng		20km Walk(1:21:00)
17.08 Dan Cork	1:20:32	Callum Wilkinson*
17.05 Patrick Swan	1:21:37	Tom Bosworth * x
indoors	1:22:50	Cameron Corbishley
17.79 George Evans	1:30:19	Guy Thomas
17.52 Lewis Byng	1:30:29	Daniel King

Discus(66.00)	50km Walk(3:50:00)	
67.13 Lawrence Okoye*	3:51:13	Dominic King
63.24 Nick Percy	3:54:15	Cameron Corbishley
60.93 Greg Thompson	4:06:09	Daniel King
59.32 George Armstrong		
58.71 Sam Woodley		
57.20 Chris Scott		
55.58 Jack Tomlinson		
55.10 George Evans		

Hammer(77.50)	
78.23 Taylor Campbell*	
78.07 Nick Miller*	
75.79 Chris Bennett	
72.71 Jake Norris	
72.63 Craig Murch	
69.98 Joe Ellis	
69.74 Jac Palmer	
69.73 Osian Jones	
67.68 Tom Parker	
67.66 Ben Hawkes	
66.85 Ruben Banks	
66.85 Chris Shorthouse	
66.29 Ciaran Wright	
65.91 Bayley Campbell	

Javelin(85.00)	
75.94 Harry Hughes	
73.73 Daniel Bainbridge	
72.98 Joe Dunderdale	

Decathlon (8350p)	
7659p Jack Turner	
7411p Lewis Church	
7388p Oliver Thorner	
7253p Harry Kendall	

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WOMEN		23.38	Amber Anning
		23.44	Immanuela Aliu
100m(11.15)		23.44	Margaret Adeoye
10.92	Dina Asher-Smith*	23.45	Kiah Dubarry-Gay
11.04	Daryll Neita*	23.59	Alisha Rees
11.18	Imani Lansiquot*	23.59	Sophie Walton
11.37	Asha Philip*	23.64	Georgina Adam
11.39	Kristal Awuah	23.73	Amy Hunt*
11.41	Immanuela Aliu	23.74	Cheriece Hylton
11.46	Jodie Williams	windy	
11.51	Hannah Brier	22.68	Jodie Williams
11.55	Kiah Dubarry-Gay	23.17	Kiah Dubarry-Gay
11.55mx	Ashleigh Nelson	23.19	Laviai Nielsen
11.58	Desiree Henry	23.23	Amber Anning
11.61	Bianca Williams	23.30	Immanuela Aliu
11.61	Joy Eze		
11.64	Eve Wright	300m	
11.67	Cheyenne Evans-Gray	37.10+	Jodie Williams
11.68	Rachel Miller	37.24mx	Laviai Nielsen
11.68	Shannon Malone		
11.70	Nia Wedderburn-Goodison	400m(51.35)	
11.71	Alisha Rees	50.96	Nicole Yeargin*
11.71mx	Cassie-Ann Pemberton	51.01	Jodie Williams*
11.72	Success Eduan	51.42	Laviai Nilesen*
11.73	Alyson Bell	51.53	Ama Pipi
11.74	Ellie Bandy	51.73	Yasmin Liverpool
11.75	Ama Pipi	51.78	Amber Anning
11.74	Aleeya Sibbons	51.82	Emily Diamond
11.75	Risqat Fabunmi-Alade	51.99	Zoey Clark
windy		52.49	Hannah Williams
11.25	Jodie Williams	52.56	Lina Nielsen
11.34	Laviai Nielsen	52.58	Zoey Clark
11.39	Immanuela Aliu	52.92	Jessica Turner
11.45	Cindy Sember	52.97	Amy Hillyard
11.54	Kiah Dubarry-Gay	53.17	Margaret Adeoye
11.56	Lina Nielsen	53.25	Victoria Ohuruogu
11.62	Alisha Rees	53.38	Susanna Banjo
11.65	Nia Wedderburn-Goodison	53.47	Mary Abichi
		53.49	Mary John
200m(22.80)		53.55	Lily Beckford
22.06	Dina Asher-Smith*	53.58	Isabelle Boffey
22.78	Beth Dobbin*	53.67mx	Hannah Williams
22.88	Jodie Williams*	53.73mx	Keely Hodgkinson
23.13	Lina Nielsen	indoors	
23.13	Ama Pipi	51.83	Amber Anning
23.18	Nicole Yeargin	52.17	Jessie Knight
23.19	Ashleigh Nelson	53.53	Beth Dobbin
23.28	Darryl Neita		
23.30	Desiree Henry		

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800m(1:59.50)		3000m	
1:58.27	Jemma Reekie*	8:49.0+e	Eilish McColgan
1:58.46	Laura Muir*	8:52.73	Jessica Judd
1:58.52	Alex Bell*	indoors	
1:58.89	Keely Hodgkinson*	8:42.41	Melissa Courtney-Bryant
1:59.50	Adelle Tracey*	8:46.43	Amy-Eloise Markovc
1:59.54	Ellie Baker	8:46.60	Verity Ockenden
2:01.06mx	Revee Walcott-Nolan	8:48.82	Amelia Quirk
2:02.10	Jenny Selman	8:58.97	Rosie Clarke
2:01.24	Isabelle Boffey	9:00.78	Charlotte Arter
2:01.33	Hannah Segrave	9:02.12	Aimee Pratt
2:01.58	Katie Snowden		
2:01.67	Katy-Ann McDonald	5000m(15:10.00)	
2:02.81	Gemma Finch	14:52.44	Eilish McColgan*
2:03.77mx	Mari Smith	15:03.51	Verity Ockenden*
2:04.00	Shelayna Oskan-Clarke	15:05.96	Amy-Eloise Markovc*
		15:06.02	Jessica Judd*
1000m		15:24.17	Sarah Inglis
-		15:36.07	Stephanie Twell
		15:39.65	Emily Kearney
1500m(4:04.20)		15:40.12	Jenny Nesbitt
3:55.59	Laura Muir*	15:45.07	Poppy Tank
4:02.12	Eilish McColgan*	15:49.25	Izzy Fry
4:02.98	Katie Snowden	15:49.69	Sarah Chapman
4:05.09	Jemma Reekie*		Laura Weightman*
4:06.28	Revee Walcott-Nolan		Melissa Courtney-Bryant*
4:07.20	Holly Archer		
4:07.92	Jessica Judd	10,000m(31:25.00)	
4:08.10	Erin Wallace	30:58.94	Eilish McColgan*
4:09.34	Verity Ockenden	31:20.96	Jessica Judd*
4:09.52	Amy-Eloise Markovc	31:25.91	Amy-Eloise Markovc
4:10.50	Adelle Tracey	31:43.70	Verity Ockenden
4:12.24	Hannah Segrave	32:17.40	Charlotte Arter
4:14.39	Alexandra Bell	32:29.20	Samantha Harrison
	Laura Weightman*	32:33.16	Lily Partridge
indoors		32:44.26	Jenny Nesbitt
3:59.58	Laura Muir	32:49.01	Clara Evans
4:04.79	Melissa Courtney-Bryant	32:50.57	Poppy Tank
4:13.66	Ellie Baker	32:54.75	Beth Kidger
		33:02.71	Mhairi McLennan
Mile		33:04.70	Eleanor Bolton
-		33:09.65	Emily Kearney
		33:11.08	Harriet Irwin
		33:17.07	Bella Williams
		33:25.15	Stephanie Twell*

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Half Marathon		400mH(55.40)	
70:05	Samantha Harrison	54.74	Jessie Knight*
72:24	Rosie Edwards	54.77	Jessica Turner*
74:05+	Stephanie Davis	55.27	Lina Nielsen*
74:05+	Sarah Inglis	55.82	Meghan Beesley*
74:05+	Lily Partridge	56.32	Nicole Kendall
74:05+	Natasha Cockram	56.43	Hayley McLean
74:05+	Charlotte Arter	56.93	Jessica Tappin
74:20+	Rebecca Briggs	57.35	Caryl Granville
		57.67	Nessa Millet
Marathon(2:29:30)		57.69	Zoe Pollock
2:27:16	Stephanie Davis x		
2:30:03	Natasha Cockram	4 x 100m	
2:31:14	Rose Harvey	43.36	National Junior Team
2:31:56	Rosie Edwards		
2:32:01	Rebecca Gentry	4 x 400m	
2:32:42	Clara Evans	3:27.16	National Team
2:34:09	Sarah Inglis		
-	Jess Piasecki x	High Jump(1.96)	
-	Stephanie Twell x	1.93	Morgan Lake*
		1.93	Emily Borthwick
3000mSt(9:30.00)		1.90	Nikki Manson
9:25.89	Aimee Pratt	1.90	Laura Zialor
9:26.73	Lizzie Bird	1.85	Holly Mills
9:52.90	Elise Thorner	1.80	Zara Tyas
		1.80	Temitope Ojora
100mH(12.84)		1.80	Bethan Partridge
12.53	Cindy Sember*	1.80	Jodie Smith
12.62	Tiffany Porter*		Kat Johnson-Thompson*
13.21	Holly Mills	indoors	
13.37	Emma Nwofor	1.96	Morgan Lake
13.37	Jenny Blundell		
13.39	Alicia Barrett	Pole Vault(4.70)	
13.40	Heather Paton	4.82	Holly Bradshaw*
13.56	Isabel Wakefield	4.35	Molly Caudery
13.58	Megan Marrs	4.30	Jade Ive
windy		4.20	Sophie Cook
12.57	Tiffany Porter	4.16	Sophie Ashurst
13.07	Holly Mills	4.00	Gemma Tutton
13.24	Emma Nwofor	indoors	
		4.85	Holly Bradshaw
300mH		4.45	Molly Caudery
-		4.20	Natalie Hooper

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Long Jump(6.82)

6.94	Lorraine Ugen*
6.90	Jazmin Sawyers*
6.77	Shara Proctor*
6.68	Abigail Irozuru*
6.57	Jahisha Thomas
6.41	Alice Hopkins
6.40	Lucy Hadaway
6.29	Rebecca Chapman
6.28	Funminiyi Olajide
6.24	Jodie Smith
	Kat Johnson-Thompson*

windy

6.30	Funminiyi Olajide
6.25	Ore Adamson

Triple Jump(14.32)

14.22	Naomi Ogbeta
13.58	Temitope Ojora
13.11	Jahisha Thomas

windy

14.38	Naomi Ogbeta
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Shot (18.50)

18.36	Sophie McKinna*
17.90	Amelia Strickler
17.03	Divine Oladipo
16.49	Adele Nicoll
15.77	Serena Vincent
15.72	Eden Francis

indoors

18.54	Sophie McKinna
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Discus(63.50)

60.36	Jade Lally
58.82	Kirsty Law
57.26	Divine Oladipo
56.08	Shadine Duquemin
55.37	Amy Holder
52.91	Phoebe Dawson
52.72	Samantha Cllaway
52.19	Eden Francis
51.05	Taia Tunstall

Hammer(72.50)

68.91	Tara Simpson-Sullivan
67.84	Jess Mayho
66.52	Anna Purchase
66.06	Amy Herrington
65.32	Rachel Hunter
64.65	Amber Simpson
64.01	Rachel Samoye
63.84	Katie Head
63.47	Charlotte Payne
63.15	Kayleigh Presswell
62.14	Pippa Davenall

Javelin(64.00)

54.81	Freya Jones
50.61	Emma Hamplett
50.56	Bekah Walton
50.34	Bethany Moule

Pentathlon(6420p)

6211p	Holly Mills
6044p	Jade O'Dowda
6028p	Ellen Barber
5881p	Jodie Smith
5685p	Emma Nwofor
5557p	Abigail Pawlett
5541p	Zoe Hughes
5516p	Amaya Scott-Rule
5371pw	Alix Still
	Kat Johnson-Thompson*

20km Walk(1:32:00)

1:34.13	Heather Lewis
1:37:04	Bethan Davies

Abbreviations

A- altitude, e –estimated mark
 mx – mixed race, ? – mark, validity
 dq – disqualified, exh – exhibition
 + - intermediate time, p – points
 h –hand timed
 x – selected for Olympic Games
 * - qualified for OG since 2019