

14th

TFT RUNNING TOURS ALGARVE Running Challenge

6 - 10
November
2019

The "Algarve Running Challenge" / ARC includes 4 separate races on different running surfaces or you can take part in just the 2 events of the "Algarve Running Weekend" / ARW
BEST VALUE AUTUMN RUNNING BREAK – WORLD CLASS TRAINING FACILITIES – ESTABLISHED EVENT
ARC WEEK PACKAGES* from only £ 339 ARW WEEKEND PACKAGES* from only £ 199 * incl. race entries

All events are held at the premier running & athletic track & gym training facilities of Monte Gordo and Vila Real as used by Team GB and other international teams for Olympic Games & major event preparation. Suitable for all standards of runners in the footsteps of the elite!



ALGARVE RUNNING CHALLENGE PROGRAMME

Wed	6	Nov	5 Km Cross Country Handicap
Thu	7	Nov	1 Mile Track Time Trials
Fri	8	Nov	Rest Day / Sightseeing
Sat	9	Nov	3 Km Beach & Trail Loop Relay
Sun	10	Nov	10 Km Guardiana Trail Race

ARC Presentation BBQ Lunch free for all runners and their friends



CHALLENGE AWARDS

- ◆ ARC awards based upon times and Age Related Time tables for men & women for each race and the 4 race series, so that older runners can compete on equal terms with younger ones
- ◆ Team Running Challenge awards (3 per team)
- ◆ All runners will receive an event T shirt

OPT 1: 8 Days / 7 Nights	Mon 04 Nov – Mon 11 Nov 2019	OPT 3: 4 Days / 3 Nights	Fri 08 Nov – Mon 11 Nov 2019
OPT 2: 7 Days / 6 Nights	Tues 05 Nov – Mon 11 Nov 2019		

4* DUNAMAR Aparthotel: our event HQ located on the beach. The spacious 1, 2 or 3 bedroom apartments are all equipped with a telephone, television, heating / air conditioning, hairdryer, terrace, safety box, kitchen appliances, microwave and toaster. There is a bar, restaurant, internet access, gym, sauna, swimming pool, parking, 24hrs reception, shop. The evening buffet restaurant package supplement offers exceptional value. **Live music entertainment at the hotel.**



PACKAGE PRICES: Prices are per person on bed & breakfast basis inclusive of all tour & event services. The excellent evening buffet is only £ 12 per night if you pre-book prior to arrival.

			OPT 1	OPT 2	OPT 3
DUNAMAR HOTEL	1 person	1 Bedroom Apartment	£ 399	£ 359	£ 229
On Bed & Breakfast	2 persons	1 Bedroom Apartment	£ 319	£ 289	£ 199
	3 - 6 persons	1, 2 or 3 Bedrooms Apartment	£ 299	£ 269	£ 179
		<i>* DUNAMAR HOTEL - Evening Dinner Buffet Supplement inclusive of Drinks *</i>	£ 84	£ 72	£ 36

GROUP DISCOUNTS: 10 + Persons £ 10 discount per person 20 + Persons £ 20 discount per person Larger groups on request

RACE ENTRY FEES: ARC – all 4 events £ 40 ARW – Beach & Trail Loop Relay & Guardiana Trail Race £ 20

FLIGHT PRICES: Fares are subject to change until paid for in full. Prices are per person and includes baggage and booking fees & taxes. Other airlines & departure airports available upon request

AIRPORT TRANSFERS: Faro Airport to Hotel and return
 From £20 - £45 per person depending on the numbers travelling
 Final transfer prices will depend upon client numbers travelling on each transfer. The price to pay will be confirmed closer to the time of travel

Ex Gatwick	Easyjet	from	£ 89
Ex Stansted	Ryanair	from	£ 99
Ex Bristol	Easyjet	from	£ 109
Ex Liverpool	Ryanair	from	£ 89
Ex Manchester	Ryanair	from	£ 89
Ex Glasgow	Easyjet	from	£ 89

Hold luggage supplements from £ 40 - £ 80 return depending upon routing and carrier

INSURANCE: 1 - 5 Days	0- 35 yrs £ 15.00	35-59 yrs £ 16.00	60-64 yrs £ 20.00	65-69 yrs £37.00	70+ yrs on request
6-10 Days	0- 35 yrs £ 21.00	35-59 yrs £ 22.00	60-64 yrs £ 25.00	65-69 yrs £ 50.00	

TOUR DEPOSIT: £ 100.00 per person + Full Payment Flights + Insurance **FINAL BALANCE** Fri 6 Sept 2019