



TRACK FACILITIES

The great weather conditions in Tenerife, makes it a paradise for all athletes. On the island one can train all year round in a perfect climate and the available professional services makes the picture complete.

The Antonia Dominguez Alfonso Olympic Stadium was opened in 1969 and is owned by the local authorities. It is located just outside Playa de Las Americas, only a short walk 100-200 metres from our featured hotels.

The stadium is the home of Club Deportivo Marino football club

The Rekortan M99 / 400 meter 8-lane track dates from April 2009. The whole sports area is situated next to the Playa de Las Americas golf course and only 500 meters away from the beach. The material for all the different disciplines is catered for. Javelin & discus are scheduled. Hammer throwing is not allowed.

There is a private Weights Room and also Ice Water Baths for recovery available. Sports Massage Service Centre is situated at the Hotel Zentral Centre on the 6th floor. This is only 100m from the stadium.

ACCOMMODATION

Superior 3*HOTEL ZENTRAL CENTER

Hotel Zentral Center is next to Tenerife's Las Americas Golf Club, 400 metres from Playa de Las Americas Beach. It has an outdoor swimming pool, a hot tub and sauna. Rooms at the Zentral Center are modern and air-conditioned. They all include a TV, safe and minibar. Rooms also have a private bathroom. Free WiFi is available on all the rooms. The Zentral Center Hotel has an elegant restaurant and a bar. There are also spacious lounge areas. The 24-hour reception offers currency exchange and car and bicycle rental. Hotel Zentral Center is set in a quiet area of Las Americas, in southern Tenerife. Tenerife Sur Airport is around 20 km away.



ATHLETICS STADIUM 100M - BOXING GYM 100M - BEACH VOLLEY LAS VISTAS 10MIN - SWIMMING POOL 15 MIN - ARTIFICIAL GRASS FOOTBALL PITCH 150M

Please contact us for accommodation prices, as prices depend upon dates of travel and numbers travelling

Additional Services		
Athletic's Training Pass from: £4 pppd	Return Airport Transfers from: £15 pp	Car Hire 7 days from: £65

FLIGHTS ON REQUEST: Prices from: **£ 150 - £ 250** pp We are retail agents for ATOL holders

HOW TO BOOK Bookings should be made using our Booking Form or by email. A deposit of £125.00 per person is required for the accommodation and training camp arrangements. Flight deposits vary and for some 'low cost' and scheduled flights, the full flight price may be payable at the time of booking. Cheques should be made payable to "Track and Field Tours Ltd".