



The Estadio Municipal de Quarteira is located in the resort of Vilamoura and is an ideal warm weather venue for sprinters, hurdlers, middle and long distance runners and long & triple jumpers. Whilst the stadium has high jump and pole vault and throws facilities these are only for supervised competition use, not for training.

Road and off road running opportunities are good with excellent trails within 1 km of the track.

TRACK FACILITIES:

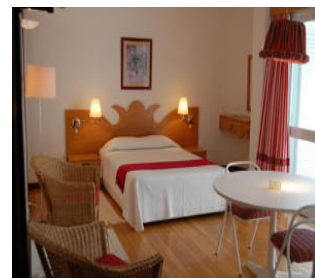
8 lanes Polytan all weather surface
4 x Long / Triple Jump runways

Weight training room with Olympic free weights
Hurdles and blocks available

ACCOMMODATION

PINHAL DA MARINA APARTMENTS:

Located just 600m from the stadium in a quiet residential area, and just 1 km from the marina with it's shops and restaurants, and 1.5 km from the beach. The studios and apartments are very well appointed with studios, and one bedroom (T1) and two bedroom (T2) villas. Please note that the studios only have a single double bed, but the villas have twin beds. A one bedroom villa can sleep 2-3 persons and a two bedroom villa 4-5 persons. The complex has a restaurant, bar and swimming pool.



Accommodation Prices 7 nights – November to May from: £ 135 per person - Self catering
Half Board / Full Board available at a supplement upon request / **Alternative month of travel and durations are available**

DOM PEDRO MARINA HOTEL:

This 4* hotel has 155 rooms and is located 300m from the beach and the marina, and 600m from the track: Standard hotel rooms have full private facilities, TV, mini bar, safe deposit box (extra) and air conditioning. There is a restaurant and 2 bars. Leisure facilities include an outdoor swimming pool, a children's pool, sauna, massage room, and 3 tennis courts and are shared with the Dom Pedro Golf hotel. There is hairdresser, boutique and a baby sitter service.



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Additional Services:

Athletics Training Pass - 2.00€ per person per period (morning from 09:00 until 13:00, afternoon from 14:00 until 19:00) – facilities must be pre-booked prior to arrival / payable locally
Return Airport Transfers – from £15.00 per person

FLIGHTS ON REQUEST: Prices from £ 100 - £ 200 / Faro Airport We are retail agents for ATOL holders

HOW TO BOOK Bookings should be made using our Booking Form. A deposit of £ 75 per person is required for the accommodation and training camp arrangements. Flight deposits vary and for some discounted and scheduled flights the full flight price may be payable at the time of booking. Cheques should be made payable to "Track and Field Tours Ltd".