



The Stadium "Ciudad de Torremolinos" 8 lane athletics track, forms part of the Sport Village of Torremolinos and is located on the edge of the town. This complex was built in 1997 and has since **been refurbished within the last year**. Facilities also include a sports hall and an adjacent gymnasium with weight training equipment: free weights and machines. The infield is used for football so no hammer throwing is permitted but discus and javelin are only allowed in the afternoon.

TRACK FACILITIES:

- **8 lanes** plus a perimeter lane of artificial turf.
- **Natural grass inside area** for use as a regulation size football pitch and javelin/shot facilities
- **Track surface of medium-hard Mondo Sportrack**, designed to prevent injury and ideal for training.
- **Maximum quality equipment** (mostly UCS). Hurdles, blocks and implements
- **Regulation safety nets for discus throwing**, to R.F.E.A. (the *Spanish Athletic Federation*) specifications.
- **Two parallel runs for pole vaulting** in the high jump area (next to the start of the 400 metre dash). Northwest to Southwest orientation.

ACCOMMODATION

There are two accommodation options that we offer in Torremolinos. Both are ideally located with the Sports Complex within 15 - 20 minutes walk at the back of the town. The beach is 10 minutes walk to the south. Shops and restaurants are within the vicinity of both hotels.

3* GRIEGO MAR HOTEL

The hotel Griego Mar is ideally situated for access to the town centre, and both the beach and the swimming pool that are each a **15 minutes** walk away. The rooms are spacious and all have balconies. Each room has private bathroom / WC and TV. The restaurant has a varied menu and is buffet plan. There is a leisure swimming pool, two bars and a discotheque. All accommodation prices are confirmed at the time of booking based upon a group's chosen departure date, choice of accommodation, meal basis & numbers in the group.



4* HOTEL CERVANTES

The Hotel Cervantes is centrally located in Torremolinos, 5 minutes' walk from the Beach. It offers a rooftop pool and a spa with a sauna, indoor pool and gym. Bright, air-conditioned rooms are soundproofed and feature satellite TV, private balcony and some with sea views. There is a safe, and the private bathroom comes with a hairdryer and amenities. A buffet breakfast is offered and room service is available. Free WiFi is available at reception.



Please contact us for accommodation prices, as prices depend upon dates of travel and numbers travelling

Additional Services:

Athletics Training Pass from: **£1.20** - 1.5hrs

Return Airport Transfers from: **£15** per person

Car Hire 7 days from: **£69**

FLIGHTS ON REQUEST: Prices from £ 100 - £ 200p.p

We are retail agents for ATOL holders

HOW TO BOOK Bookings should be made using our Booking Form. A deposit of **£ 75** per person is required for the accommodation and training camp arrangements. Flight deposits vary and for some discounted and scheduled flights the full flight price may be payable at the time of booking. Cheques should be made payable to "Track and Field Tours Ltd".