

COMPETITION TIMETABLE

IAAF World Junior Championships

Moncton, New Brunswick, Canada

July 19–25, 2010

Monday 19 July - Session 1

18:00	Opening Ceremony and 3000m	W	Final
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Tuesday 20 July - Session 2

09:00	3000m Steeplechase	W	R1
09:10	Shot Put	W	Qualification AB
09:30	Javelin	W	Qualification A
09:35	100m	M	Dec.
10:05	800m	W	R1
10:30	Long Jump	M	Dec. AB
10:45	Javelin	W	Qualification B
11:00	1500m	M	R1
11:00	Pole Vault	M	Qualification AB
11:35	400m	W	R1
12:20	Shot Put	M	Dec. AB
12:25	100m	M	R1

Tuesday 20 July - Session 3

18:30	100m Hurdles	W	R1
18:30	High Jump	M	Dec. AB
18:40	Discus Throw	W	Qualification A
19:25	400m	M	R1
19:45	Long Jump	M	Qualification AB
20:10	Discus Throw	W	Qualification B
20:25	100m	W	R1
21:15	Shot Put	W	Final
21:30	400m	M	Dec.
22:00	10,000m	M	Final

Wednesday 21 July - Session 4

09:00	110m Hurdles	M	Dec.
09:10	Shot Put	M	Qualification AB
09:35	400m Hurdles	M	R1
09:45	Discus Throw	M	Dec. A
10:10	Triple Jump	W	Qualification AB
10:30	800m	W	Semi-Final
10:40	Discus Throw	M	Dec. B
11:00	400m	W	Semi-Final
11:35	10,000m Race Walk	W	Final
12:30	Pole Vault	M	Dec. AB

Wednesday 21 July - Session 5

18:15	Javelin Throw	M	Dec. A
18:30	100m	W	Semi-Final
18:40	High Jump	M	Qualification AB
19:00	100m	M	Semi-Final
19:10	Javelin Throw	M	Dec. B
19:25	Shot Put	M	Final
19:30	400m	M	Semi-Final

20:00	100m Hurdles	W	Semi-Final
20:15	Long Jump	M	Final
20:25	Javelin Throw	W	Final
20:30	5000m	W	Final
20:50	100m	W	Final
21:10	1500m	M	Dec.
21:45	100m	M	Final

Thursday 22 July - Session 6

09:00	Hammer Throw	W	Qualification A
09:05	400m Hurdles	W	R1
09:20	Pole Vault	W	Qualification AB
09:55	200m	W	R1
10:25	Hammer Throw	W	Qualification B
10:50	100m Hurdles	W	Hep.
11:15	Long Jump	W	Qualification AB
11:20	400m Hurdles	M	Semi-Final
11:45	200m	M	R1
11:45	High Jump	W	Hep. AB
12:00	Javelin Throw	M	Qualification A
13:20	Javelin Throw	M	Qualification B

Thursday 22 July - Session 7

18:30	200m	W	Semi-Final
18:30	Shot Put	W	Hep. AB
18:45	Pole Vault	M	Final
19:00	200m	M	Semi-Final
19:30	3000m Steeplechase	W	Final
19:40	Discus Throw	W	Final
19:55	200m	W	Hep. Final
20:00	Triple Jump	W	Final
20:20	800m	W	Final
20:40	400m	M	Final
20:50	400m	W	Final
21:05	1500m	M	Final
21:30	100m Hurdles	W	Final

Friday 23 July - Session 8

09:00	1500m	W	R1
09:00	Discus Throw	M	Qualification A
09:35	110m Hurdles	M	R1
10:00	High Jump	W	Qualification AB
10:20	Discus Throw	M	Qualification B
10:45	3000m Steeplechase	M	R1
11:20	800m	M	R1
11:45	Hammer Throw	M	Qualification A
12:20	10,000m Race Walk	M	Final
12:20	Long Jump	W	Hep. AB
13:10	Hammer Throw	M	Qualification B

Friday 23 July - Session 9

18:00	Javelin Throw	W	Hep. A
18:30	High Jump	M	Final
18:40	4x100m Relay	W	R1

19:00	Javelin Throw	W	Hep. B
19:10	4x100m Relay	M	R1
19:40	400m Hurdles	W	Semi-Final
20:00	Long Jump	W	Final
20:10	400m Hurdles	M	Final
20:20	Javelin Throw	M	Final
20:25	200m	W	Final
20:40	800m	W	Hep.
21:25	200m	M	Final

Saturday 24 July - Session 10

13:30	Hammer Throw	W	Final
13:35	110m Hurdles	M	Semi-Final
13:40	Triple Jump	M	Qualification AB
14:10	800m	M	Semi-Final
14:20	Pole Vault	W	Final
14:45	4x400m Relay	W	R1
15:10	5000m	M	Final
15:30	Discus	M	Final
15:35	4x400m Relay	M	R1
16:10	400m Hurdles	W	Final
16:30	4x100m Relay	W	Final
16:50	4x100m Relay	M	Final

Sunday 25 July - Session 11

13:30	High Jump	W	Final
13:50	3000m Steeplechase	M	Final
13:50	Hammer Throw	M	Final
14:10	Triple Jump	M	Final
14:15	1500m	W	Final
14:35	110m Hurdles	M	Final
14:55	800m	M	Final
15:15	4x400m Relay	W	Final
15:40	4x400m Relay	M	Final
16:00	Closing Ceremony		