

EUROPEAN CHAMPS BARCELONA SPAIN

27 July – 1 August 2010

## FLIGHT OPTIONS:

We are working with a selection of flight operators offering a wide choice of flight options from the UK to / from Barcelona and also outbound to Nice for our Cote d'Azur / Andorra pre-tour. Whilst there are other flight options that clients might consider the listed selection are the only ones for which we guarantee that we will be operating a hotel transfer service from / to Barcelona airport. Other flights will be on a request basis only and independent travellers should note that Barcelona airport is linked to both the city centre and Sitges by a good rail service.

Departure Airport	Airline	Outbound Times	Inbound Times
Heathrow	BA <i>Flight options</i>	09.20 / 12.25 or 12.20 / 15.20	07.15 / 08.40 or 18.50 / 20.10
Glasgow via Heathrow	BA <i>Connecting times</i>	09.15 / 10.40 12.20 / 15.20	07.15 / 08.40 12.15 / 13.40
Birmingham	BMI	17.10 / 20.25	21.00 / 22.30
Manchester	Monarch	08.00 / 11.20	12.20 / 13.55
Gatwick	Easyjet	11.15 / 14.20	10.45 / 12.00
Stansted	Easyjet	10.00 / 13.15	13.50 / 15.10
Luton	Easyjet	10.45 / 14.00	14.35 / 15.55
Bristol	Easyjet	10.35 / 13.40	14.15 / 15.30
Liverpool	Easyjet	07.00 / 10.20	11.00 / 12.30
Newcastle	Easyjet	09.50 / 13.25	14.00 / 15.45

TO NICE FOR PRE-TOUR:	Outbound Times	Inbound Times
Heathrow	BA	11.40 / 14.40
Glasgow via Heathrow	BA	06.55 / 14.40
Birmingham	BMI	10.30 / 13.45
Gatwick	Easyjet	10.40 / 13.40
Stansted	Easyjet	12.45 / 14.15
Luton	Easyjet	13.20 / 16.30
Bristol	Easyjet	07.05 / 10.10
Liverpool	Easyjet	07.10 / 10.25

*Flights return from Barcelona as per the above listed timings*

## BARCELONA EXCURSIONS

### BARCELONA CITY TOUR

All clients have a **3 hours guided city tour** included in their tour package and these will be allocated to you based upon your arrival date in Barcelona as per those options as detailed in the Event Programme below.

### TORRES & CAVA WINE TOUR

Mon 26 July 11.30 – 18.30 hrs

This excursion includes a tour of the Torres winery and a tasting with an aperitif to eat with it. Lunch will then be taken before visiting the Cordoniu Cava (Spanish "champers") winery. With its "modernista" buildings designed by Gaudi's contemporary Puig completed in 1898 these are a Spanish heritage monument. The 26 km of atmospheric underground cellars are part of the winery tour. The tour will return you to your Sitges or Barcelona hotel. The price includes lunch.

Price per Person: £ 75 Adult £ 65 Under 16

### MONTSERRAT SANCTUARY

Sat 31 July 13.15 – 17.30 hrs

Departing and returning to the stadium visit the famous Sanctuary that is located in the mountains to the north of the city. You pass through the extraordinary landscape of the national park en route. Our guide will explain to you about the religious buildings and monastery which you can visit as well as taking in the spectacular views. There are bars and restaurants for taking a snack or lunch.

Price per Person: £ 35 Adult £ 25 Under 16

### WINE & MONTSERRAT TOURS DISCOUNT

Book both tours before arrival in Barcelona as a two tour package - the combined prices per person are:

£ 100 Adult £ 80 Under 16

## TRACK & FIELD TOURS BARCELONA 2010 CHAMPIONSHIPS EVENT PROGRAMME

Date	Time	Event	Date	Time	Event
Wed 21 JULY		COTE D'AZUR / ANDORRA PRE-TOUR arrivals in Nice	Wed 28 JULY	10.00 – 14.00 hrs 14.30 – 17.30 hrs 18.15 – 22.30 hrs	Athletics AM / Women's 20 K Walk 08.00 <b>BARCELONA CITY TOUR</b> Athletics PM session
Thurs 22 JULY		HERCULIS ATHLETICS MEETING IAAF Diamond League Monaco	Thurs 29 JULY	10.00 – 14.30 hrs 18.15 – 22.15 hrs	OPT 5 clients depart BCN OPT 6 client arrivals in BCN Athletics AM session Athletics PM session
Fri 23 JULY		OPT 1 client arrivals in BCN SITGES PRE-TOUR arrival in Spain	Fri 30 JULY	09.00 – 12.45 hrs 13.30 – 16.30 hrs 18.15 – 22.130hrs	Athletics AM / Men's 50 K Walk 07.30 <b>BARCELONA CITY TOUR</b> Athletics PM session
Sat 24 JULY		OPT 2 client arrivals in BCN Cote d'Azur / Andorra tour clients travel to Carcassonne	Sat 31 JULY	10.00 – 13.00 hrs 13.15 – 17.30 hrs 17.45 – 22.00 hrs	Athletics AM & Women's Marathon <b>MONSERRAT SANCTUARY TOUR</b> Athletics PM session
Sun 25 JULY		OPT 3 & 5 client arrivals in BCN Cote d'Azur / Andorra tour clients travel through Pyrenees to BCN	Sun 1 AUG	10.00 – 13.00 hrs 13.30 – 16.30 hrs 18.00 – 21.30 hrs	Men's Marathon <b>BARCELONA TOUR DINNER</b> Athletics PM session
Mon 26 JULY	08.30 – 11.30 hrs 11.30 – 18.30 hrs 20.00 hrs	OPT 4 client arrivals in BCN Sitges pre-tour clients arrive in BCN <b>BARCELONA CITY TOUR</b> <b>TORRES &amp; CAVA WINE TOUR</b> EURO CHAMPS OPENING CEREMONY – Montjuic Fountain	Mon 2 AUG		OPT 1-4 & 6 clients depart BCN POST-TOUR to SITGES for 3 nights stays with return flights from Barcelona
Tues 27 JULY	09.30 – 14.30 hrs 19.00 – 21.45 hrs	Athletics AM / Men's 20K Walk 08.00 Athletics PM session	6 Days of the EURO CHAMPS	<i>Athletic Sessions times are correct as of Nov 2009 but maybe subject to change. This may affect the timings of any excursions and other services scheduled on the day or days affected.</i>	