



This 50 metre, open air heated pool has 8 lanes and is conveniently located within the hotel grounds and close to the beach.

Training sessions are available at various times throughout the day and are 2 hours in duration.

There is convenient space on poolside for land training and a well equipped gym and fitness centre at the hotel.

### ACCOMMODATION – 4\* HOTEL KHEOPS / NEBEUL



Equipped with all modern amenities and facilities, Hotel Kheops is one of the most modern hotels in Nabeul. The hotel is just 600 metres from the city centre and 10 km from popular tourist town of Hammamet. The beach lies at stone's throw distance from the site of the hotel, which has 319 rooms in total. The hotel has 274 rooms and 21 suites, all air-conditioned with private bathroom, balcony, satellite TV, telephone, mini-bar and hair dryer. The balcony and terrace provide a spectacular view of the sea and neighbouring areas. Hotel and nearby activities available include a games room, water skiing, boating/sailing, tennis and horseback riding.

#### FLIGHTS TO / FROM CYPRUS

Direct scheduled flights to Tunisia are available from London airports into Tunis airport. Indirect flight options are available from many regional airports. Airport transfers to the hotel are approximately 45 minutes / 65 km)

Prices vary throughout the year and we can only quote definitive rates when a group confirms its travel dates, the likely numbers of travellers and preferred UK departure airport.

**Fares generally range from  
£ 150 - £ 200 including taxes per  
person**

#### ONE WEEK PRICES from:

| Prices are per person based on a group of 25 arriving into Tunis |                    | 1 Nov 07 - 31 Mar 08 | 1 Apr 08 - 31 Jun 08 | 1 July 08 - 31 Aug 08 | 1 Sep 08 - 31 Oct 08 |
|--|--------------------|----------------------|----------------------|-----------------------|----------------------|
|  | Single Room        | <b>£399.00</b>       | <b>£439.00</b>       | <b>£499.00</b>        | <b>£439.00</b>       |
| <b>HOTEL</b>   | Twin / Double Room | <b>£309.00</b>       | <b>£339.00</b>       | <b>£379.00</b>        | <b>£339.00</b>       |
| <b>KHEOPS</b>  | Triple Room        | <b>£279.00</b>       | <b>£309.00</b>       | <b>£339.00</b>        | <b>£309.00</b>       |

#### Package prices in include:

- 7 nights hotel accommodation on half board basis.
- 6 days training based on 2 x 2 hour sessions / day – 10 swimmers max per lane
- Tunis airport > hotel return transfers.
- T&FT Warm Weather Training Back Pack or T shirt per group member
- Services of T&FT and our local agent

### HOW TO BOOK:

Bookings should be made using our Booking Form. Generally a DEPOSIT of £150 per person is required to cover the accommodation, training camp and flight deposit arrangements. For some discounted and scheduled flights the full flight price may be payable at the time of booking. Cheques should be made payable to "Track and Field Tours Ltd".