

EUROPEAN TEAM CUP

FINAL PROGRAMME
December 2009

BERGEN Norway 19-20 June 2010

The long established European Cup competition first held in 1965 has evolved to the new format which made its debut last season. The top 12 European nations now compete and the event is now scored as a joint men and women's competition over the two days. With Norway having been promoted to the top division for the first time the EAA have taken advantage of this with Bergen hosting this competition in 2010 to provide a refreshing addition to the event's host venues and the ideal opportunity to visit this beautiful country. The Fana stadium previously hosted the 2004 Bislett Games when the Oslo stadium was being refurbished. The stadium has limited seating but we have, of course, already booked our seating allotment in the main grandstand in the finish line sector for both days.

OPTION 1: Fri 18 – Tues 22 June OPTION 2: Fri 18 – Mon 21 June

EUROPEAN TEAM CUP WEEKEND PROGRAMME:

Clients booking the **Oslo 3 days / 2 night add-on tour** will arrive in Oslo on Wed 16 June. The Norwegian capital is a gem of a city with its many fascinating museums, beautiful parks and historic places to visit during your time there. Clients can choose to travel from Oslo either mid-morning or late afternoon on the Friday for the memorable 6 ½ hrs rail journey across the dramatic plateau and mountain landscapes heading towards the fjordlands and Bergen.

For all clients a **Bergen half day tour** is included on the Saturday visiting Edvard Grieg's house and also the famous Fantoft stave church. Stadium bus transfers are included within the ticket price during the two days of competition.

Clients can also book the optional **Fjordland Tour** on the Monday. This tour departs Bergen by bus and includes a cruise on the breathtaking Hardangerfjord plus a visit to Voringsfossen waterfall – Europe's highest – and a visit to the Hardangervidda National Park nature centre before returning mid-evening to Bergen after a truly spectacular day.

TOUR HOTELS:

3* Superior INCITY Hotel & Apartments - Bergen

Located in downtown Bergen this spacious all suite apartment style hotel has 60 rooms. Standard rooms are 30 sq.m with a combined bedroom / living room with TV, free broadband, bathroom with shower & WC, plus a fully equipped kitchen with fridge & coffee maker. Larger deluxe rooms are 50 sq.m with separate bed & living rooms that have a sofa bed for an extra person. This stylish hotel has a restaurant and bar.

3* Superior Rica Victoria Hotel - Oslo

This modern central hotel has 199 rooms – bathroom with shower / bath & WC, bedroom with satellite & cable TV, DD telephone, and mini-bar. The hotel has a restaurant and bar.

FLIGHTS:

Only Norwegian Air Shuttle and SAS have direct services to Bergen but only from Gatwick. SAS offer connecting flights through Copenhagen (CPH), Stavanger (SVG) or Oslo (OSL) to Bergen from various UK airports including Heathrow, Birmingham, Manchester and Glasgow. Norwegian AS also fly to Oslo from Gatwick and options are also available to Oslo with SAS from other UK airports. All flight prices include 20 kg luggage per person.

FLIGHTS from UK to / from BERGEN:

Ex	Airline	To	Time	Ex	Time
Gatwick	Norwegian Air Shuttle	to Bergen	08.00 / 11.20 20.10 / 23.05	Bergen	06.50 / 07.50 18.30 / 19.35
Gatwick	SAS	to Bergen	20.35 / 23.35	Bergen	18.45 / 19.45
Heathrow	SAS	to Bergen via Oslo	07.20 / 10.25 12.50 / 13.40	Bergen via SVG	15.30 / 16.05 17.50 / 18.50
Birmingham	SAS	to Bergen via CPH	10.25 / 13.15 14.10 / 15.30	Bergen via CPH	14.00 / 15.20 17.30 / 18.30
Manchester	SAS	to Bergen via CPH	10.15 / 13.15 14.10 / 15.20	Bergen via CPH	14.00 / 15.20 17.35 / 18.30
Glasgow	SAS	to Bergen via CPH	16.45 / 19.45 21.00 / 22.25	Bergen via CPH	14.00 / 15.20 20.15 / 21.20

FLIGHTS from UK to OSLO / from BERGEN:

Ex	Airline	To	Time	Ex	Time
Gatwick	Norwegian Air Shuttle	to Oslo	08.04 / 11.55	Bergen	06.50 / 07.50 18.30 / 19.35

Ex Heathrow, Birmingham, Manchester & Glasgow with SAS – flight options on request

TOUR CODE
TFN1 / 10

BERGEN PACKAGES INCLUDE:

- ◆ Hotel on BB basis
- ◆ European Team Cup Group Dinner
- ◆ Bergen Half Day Tour
- ◆ Event Guide & Supporters Pack & guarantee of prime stadium tickets
- ◆ T&FT staff services and services of local tourist guides for excursions

Prices Per Person	OPT 1 4 Nights	OPT 2 3 Nights
INCITY Hotel & Apts		
Single Room	£ 619	£ 499
Twin / Double	£ 419	£ 359
Deluxe Room / 2 persons	£ 469	£ 399
Deluxe Room / 3 persons	£ 399	£ 339

BERGEN EVENT TICKETS:

Main grandstand for 2 days / £ 80

Includes bus transportation to / from stadium

OPTIONAL ADD-ON TOURS:

OSLO ADD-ON 16 – 18 June	£399 pp
Spend 2 nights in the Norwegian capital. The package includes an Oslo city tour, transfers from airport to hotel and to the railway station and rail travel from Oslo to Bergen.	Single
	£339 pp
	Twin / Dble
FJORDLAND TOUR 21 June	£125 pp
Full day tour by bus and boat.	
Extra £ 50 deposit due to book either tour	

FLIGHT PRICES incl. airport taxes

To / from Bergen	Prices from + tax	
Ex Gatwick / Norwegian	£ 60 +	£ 35.50
Ex Gatwick / SAS	£ 102 +	£ 69.50
Ex Heathrow / SAS	£ 121 +	£ 83.50
Ex Birmingham / SAS	£ 250 +	£ 123.00
Ex Manchester / SAS	£ 126 +	£ 113.00
Ex Glasgow / SAS	£ 187 +	£ 113.00

To Bergen / from Oslo	Prices from:	
Ex Gatwick / Norwegian	£ 60 +	£ 35.50
Ex Heathrow / SAS	£ 113 +	£ 80.60
Ex Birmingham / SAS	£ 241 +	£ 124.00
Ex Manchester / SAS	£ 127 +	£ 108.70
Ex Glasgow / SAS	£ 186 +	£ 113.00

Flight information and prices shown are as at the time of publication and are subject to change.

For flight bookings made by Track & Field Tours an additional £ 40 per person fee is levied to cover our administration costs and airport transfers upon arrival & departure.

Track & Field Tours in an Agent of Gold Medal Travel Group – ATOL 2916

TRAVEL INSURANCE – COVER-MORE:

Clients Age: 1-35 yrs 35-59 yrs 60-64 yrs 64-69 yrs
 5 Days cover £ 16.45 £ 18.80 £ 21.50 £ 23.50
 10 Days cover £ 23.50 £ 25.85 £ 30.55 £ 32.90
 Premiums for older clients on request

TOUR PAYMENTS: DEPOSIT £ 150 + full payment flights + stadium tickets + insurance FINAL PAYMENT - Fri 16 April 2010

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